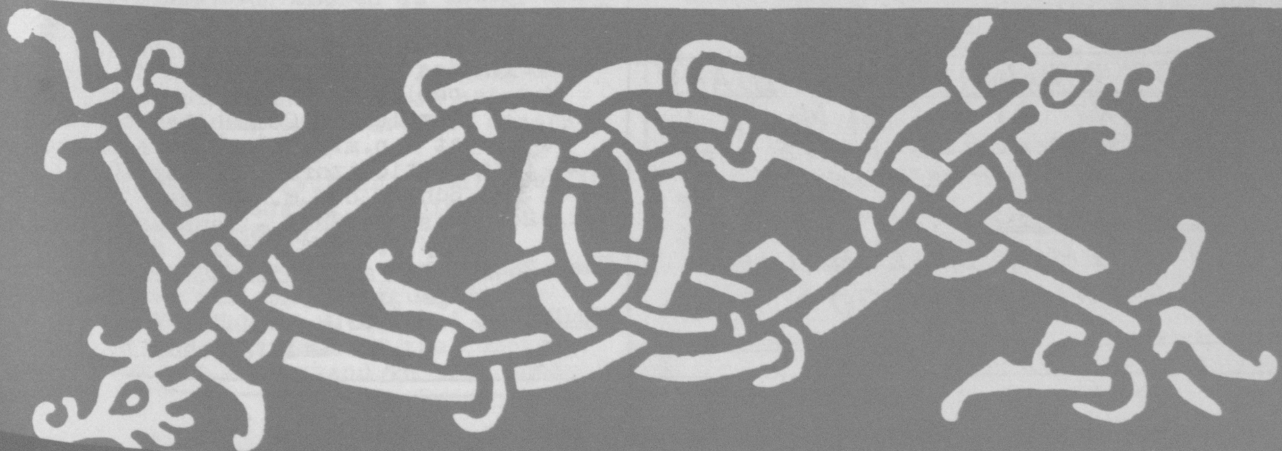


empleogue elegraph

february 1983

30p



St Pius X Parents' Association

Parents will be glad to know that we solved the tea boiler difficulty, thanks to the principal, Mr. O'Brien, who came to our rescue after indications that the Bridge Club were determined not to lend their s. So there will be tea at our general meeting in March to consider drug abuse. Sadly the subject is not just one for secondary schools!

Confidentiality forbids any details of the perhaps historic meeting between the Management Boards and the Pius Parents' Committee, except to say that there was a worthwhile exchange of views on matters of mutual interest. Which means nothing, so to make this paragraph a little longer it can be added that financial matters came up.

No doubt we will hear more. But the meeting was considered informative, friendly, and of benefit to the children. Perhaps by the time this is published, we will also have an idea of any moves to be taken by the teachers (and parents?) in protest at the recent education cuts.

Back in the classroom, some good news. "Fun French" has been started by the Committee, from 10 a.m. to 11 on Saturday mornings, and with earlier classes if there is a demand. The children will not be able to translate EEC documents at the end of these classes, but they will know the sounds in time for secondary school. And if anyone can still afford a continental holiday, they will be able to interpret the menu for their parents. Classes will be for 5th and 6th under Mr. Leonard Golden.

Table tennis is also starting again, hopefully on a more organised basis than before.

Music classes can also be expected soon in the girls school - discussions are under way at least. So a certain amount of progress on these, and other issues. However, if any parent (a member of the Association) wants to discuss any of the Association's activities, or another matter, they can go to the school at 7.30 pm on the second Monday of each month.

Officers of the Committee will meet them there. This is all down in our written constitution. (Not the times, just the availability of officers to parents.) Which shows the importance of reading the constitution. Any constitution.

Which brings us to the Apologies Corner. We wrote last time that the committee changed its meeting to the second Monday of the month to facilitate liaison with the Management Board. Well apparently they changed their meeting, too, without us knowing, which indicates the need for better communications, a need understood by the fact of the recent Board of Management - Pius Parents' meeting.

ITEMS FOR PUBLICATION AND DIARY

MUST BE SENT BY 15th of MONTH

To: 37 TEMPLEVILLE DRIVE OR
90 TEMPLEVILLE ROAD.

ADVERTISING

To: 141 TEMPLEVILLE DRIVE
OR PHONE: 904509

ST. PIUS X ACOLYTES



On December 5th last the Annual Investiture of Servers took place. Seven members were invested by our Parish Priest, Fr. Lee. Blackrock parish also adopted this ceremony of investiture this year.

You may have noticed that the Carol Service was different. The mime was put on by St. Pius X N.S. under the guidance of the boys' and girls' teachers and priests of the parish.

On January 1st, 1983 a Gaelic football match against Templeogue u.12 team was organised. Everyone who participated thoroughly enjoyed it. We must thank the club for fitting us in in their tight schedule of matches. We earned a hard fought victory

SEAN O'MAHONY

EAMON O'HARA

diary

- Wed. 2nd Ladies Club - St.Pius X School Hall 8 p.m.
- Fri- 4- Feile Bhríde Our Ladies School &
- Sun. 6th Terenure College.
- Tues. 8th St.Joseph's Young Priest's Society
White Fathers - 8 p.m.
- Tues.15th Last day for receipt of items for
publication in Telegraph.
Templeogue Community Council Meet
at 8 p.m. in Our Ladys School
- Wed. 16th Horticultural Society -Our Lady's
School 8 p.m. - Roses
- Fri. 24th Fashion Show - Templeogue College
8 p.m.(Just Looking Boutique-Adm.£2)
- Tues.28th Solos and Friends -Templeogue Coll-
ege 8 p.m.
- MARCH 1st A.G.M. COMMUNITY COUNCIL 8 p.m.
Our Lady's School

TEMPLEOGUE LADIES' CLUB

Mary Kerman

It seems a long time since our last report in the Telegraph, and quite a bit has happened in the Club since then.

At our December meeting on Wednesday, 1st, we had a talk from Sergeant Jim Liston of the Crime Prevention Unit on Community Security. He opened his talk with an appeal - know what your children are doing. One third of all crime is committed by juveniles under 17 years of age. He stressed the importance of getting your children interested in sport or similar activities, and of becoming involved yourself.. He went on to give us various pointers on making our homes and property more secure. Two things he said stuck in my memory. One was the suggestion that we should have a coloured photograph of any pieces of jewellery or other valuable items we might be lucky enough to own - to help in identification. He also made the point that light is a great deterrent to burglars. What a pity that the authorities in charge of street lighting are not of the same opinion!! All in all it was a most interesting talk and we hope it was of benefit to our members.

On December 7th we went off to the Summerhill Hotel in Enniskerry for our Christmas Dinner - 3 bus loads of us. It was a most enjoyable evening. The room was bright and cheerful with circular tables set for ten, and each guest found a little Christmas present from the club at her place. The meal was good, the entertainment entertaining! and as they say in the story books, when the evening was over we went home tired but happy.

To give everyone (including the Committee) time to recover after Christmas, we held our January meeting on the 2nd Wednesday of the month, 12th. We invited along John McLoughlin, an Acupuncturist who has been practicing in Dublin for five years, to talk to us on the subject. In spite of looking so young he told us that he had studied Oriental Medicine for ten years, and was at great pains to impress upon us that he practised Traditional Acupuncture which deals with the whole body and not just the location of the particular ailment and also looks into the underlying cause.

ACTIVITIES

Drama: Imelda Gogan has written a play - "Rings on her Fingers" - which has been entered for the P.J.O'Connor Awards Competition for Radio Plays in R.T.E. A tape is being made of this play acted by our own Drama Group. Six will be chosen from the tapes submitted. These will be broadcast and a winner selected. Congratulations to Imelda on this fine achievement.

B.I.M. Fish Cookery Competition: Ursula Murray has been chosen as one of the finalists in this competition, and will have to cook her dish "Smoked Fish Medley" once again on February 2nd for judging on February 3rd. Ursula's recipe is printed below and we send her our heartiest congratulations.

All the other activities, Choir, Public Speaking, Flower Arranging, Dancing and Bowling have got underway again.

Annual General Meeting, March 2nd: Regretfully, we will be losing Catherine Bent, Angela Brady, Mona O'Dea and Evelyn Sharkey from the Committee on the completion of their two years, and we send them

our thanks for their hard work and devotion to the Club. At the February meeting we will need nominations for the Committee to replace these ladies, and, hopefully, some names will come forward from Springfield, College, and Greenlea/Fortfield Road.

URSULA MURRAY'S PRIZE WINNING RECIPE IN THE B.I.M. - I.F.W.C. FISH COOKERY COMPETITION.

SMOKED FISH MEDLEY

2lb. Smoked Cod; 3/4 pint Milk; 2 ozs. Cheese; 1/2 Medium Onion, chopped; 1 Medium Green Pepper sliced and blanched; 2 ozs. Margarine; 1 tin Tomatoes; 1 tin Mushrooms; 2 ozs. Cornflour; Spiral Noodles; Coleslaw and French Dressing to accompany.

Cook fish in half-pint milk for 10 - 12 minutes. Lift into serving dish. Reserve liquor. Melt margarine in saucepan and add chopped onion. When soft but not brown stir in cornflour and cook over low heat for two minutes. Gradually stir in remainder of milk and reserved liquor. Cook, stirring, until thickened. Add chopped pepper and grated cheese. Cook noodles. Pour some of the sauce over fish. Arrange noodles, drained tomatoes and drained mushrooms. Add remainder of sauce. Decorate and heat.

LETTERS TO THE EDITOR

Dear Sir,

I would very much like you to publish this item in the next issue of the Templeogue Telegraph, as I am a subscriber to same.

What I would like to know is why should one have to be nominated by a member of the committee followed by secondment by a second party to be a member of the Templeogue Ladies Club? Surely, it is not an elitist club - just plain honest ordinary everyday housewives who get together now and again.

I have been living in the area for the past 18 or 19 years. During the early years I was very much sought after as a 'child minder'. Oh yes, I was popular then. My garden was the common playground and I frequently had the usual visits, chats etc., but then of course I was being 'used' and I being a naive person did not realise it.

Now that the children in this area are mostly grown up and 'baby-sitting' is not necessary I find that I am passed by as it were. I have only lately discovered that a number of my neighbours have been asked by committee members to join the club - I have been ignored. I find that I spend many lonely nights and would dearly love to be able to get out and forget my troubles but seemingly because of the whims of some person or persons that is not to be. Surely one can join the club if one wishes without being under a compliment to a stranger.

Lonely and upset.

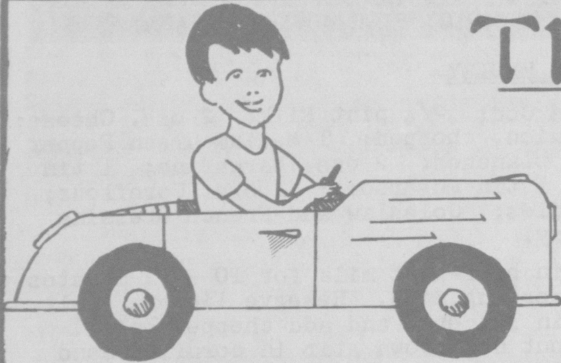
★ Your letter has been passed on to the Committee of the Ladies Club. We are anxious to make contact with you, and suggest that you should ring 966725 or 907020, so that we can arrange to meet you and clear up any misconceptions you may have.

PRESIDENT, TEMPLEOGUE LADIES CLUB

A.G.M. COMMUNITY COUNCIL

OUR LADY'S School...

TUESDAY 1st MARCH 1983... 8 p.m.



THE

NURSERY



CENTRE

IS THE PLACE FOR YOUR INFANT
OR TODDLER FROM 7.45 TO 6
P.M. MONDAY TO FRIDAY. ALL
MEALS CATERED FOR.

KINDERGARTEN SCHOOL AVAILABLE
FOR 2½ TO 4 YEARS, SUPERVISED
BY TRAINED TEACHER.

Phone 903433 Mrs. Traynor, S.R.N.

36 CYPRESS GROVE RD.

Save for your future with

THE EDUCATIONAL BUILDING SOCIETY

UNIT 20, RATHFARNHAM SHOPPING CENTRE

Manager Austin Kiernan Telephone 909851

Poetry

Corner

THAT'S LIFE!

Up in the morning
Ready to eat
Hopped on my bike
And out on the street.

Into the school
With pencil and brain
"Oh" my God I think
I'm going insane

Listening to teacher
All day long
Writing and spelling
Just like a song

The bell goes
Home again
Forgetting about work
For another day
Because, evening time is
All for play.

Sinead Barrins (age 9)

WINTER NIGHT

A stormy night.
The wind howls in the shaven tree tops,
and branches are tossing
like dervishes dancing
in wild revelry.
The pale moon hides behind a dark cloud
whose white rims yet betray her lair.

Now comes the rain -
pit a pat a, pit a pat a
on my window pane.
Soon it falls thicker,
quick and still quicker
with threatening thrust.

While I lie abed
clothes over my head,
frigid with fright.
Praying that soon
will appear the white moon
and bright twinkling stars,
that the mad wind will cease
and the rain will fall light -

Then will I sleep,
quiet, in peace.
At one with the night.

Nancy Fitzpatrick.

W H Y

It started out quite well as friends,
But something happened along the way,
I don't know, I wasn't told,
I think I do, but I won't say.
I was a friend, I thought;
But now no more it seems,
I, a stranger, left to live alone in dreams.
I won't complain, I know my place,
It hurts to feel unwanted in the human race.
O God! don't let it hurt me so,
Teach me to live, and love, and care,
For even though I am alone,
I know that you are always there.

C. Holden. 25/11/1982

A Sacred Trust - from the book "What is a Baby"

Babyhood is so short,
It should be savoured and enjoyed,
As the beauty of a dragonfly on a Summers day,
So quiet is the passing
It has been and gone
In a blink of an eye.

A baby is a problem
that takes sixteen years to solve.
How to fill the next Sixteen Years
Is now the problem.

You'll let him go
As you always knew you would
For ever as the pink and purring baby
He was his own possession
Not yours
And letting him grow away
From you
Is the only way
To hold his love.

What a wonderful thing to be able to sing
Even if slightly off-key!
There's no better way to brighten the day
Than a soupçon of sweet doh-re-me.
What finer mode to lighten the load
Than to work to a musical score?
You'll think it such fun, that when the job's done
You'll be almost singing for more.

Nancy Fitzpatrick.

HORTICULTURAL SOCIETY

Hundreds of house plants are in for a shock. Since early summer they have been growing under ideal conditions, with their every need satisfied; then suddenly, come Christmas, they are thrust out into the world to survive as best they can. The average home at Christmas is not an ideal place for a plant. The temperature is too low or unstable, the air too dry, and the attention they get is too often unskilled. Many plants give up and die before the festive season is over.

The Chairman, Mr. Tom Donaghy in wishing a very happy New Year to all the members and friends, was off to a very good start, when he introduced our Guest Speaker for the January meeting on Wednesday 19th, Professor J.V. Morgan, of the Horticultural Department of University College, Dublin, to give an illustrated talk on "Disorders of Plants in the Home!" Let us see how we can encourage indoor plants to do well and give us pleasure, because of course they do.

To start with the easy ones, and no plant is easier than the ivy, they are not fussy about temperature and do not need much water. Many of the ivies given as house plants, can grow happily and vigorously outside. The skill in successful indoor plant cultivation lies in choosing the most suitable variety from the vast selection available. Make sure that the specimen appeals to you and that it is suitable for the situation where it will have to live and is no more difficult to grow than your time and experience will allow. There are many shapes to choose from; Upright plants like Cordyline, Ficus lyrata, bushy plants like Azalea, Maranta, Adiantum, Trailing plants like Begonia glaucophylla, Fuchsia pendula, Helxine and climbing plants like tetrastigma and Philodendron scandens. House plants depend entirely on you to provide them with the five essential growth factors: warmth, light, water, air and food. Remember that there is a resting season, when growth requirements are reduced. Spend a few minutes looking carefully over the plants daily if possible, during the growing season and learn to tell from the appearance of the leaves and stem when something is wrong with the growing conditions. The look of the soil, the weight of the pot will tell when water is required. This is the time to pick off withered leaves and search for pests and diseases.

Signs of deficiency; blooms poor or absent in flowering types, stems weaker and more elongated than normal, leaves smaller and paler than normal. Vapours arising from a number of sources commonly found in rooms may be damaging to house plants. These include gas appliances which give off ethylene, coke and anthracite fires, fresh paint, ripe apples and unclean oil heaters. Without water a house plant will die but it doesn't like cold water so leave it overnight to reach room temperature before use. Some plants are damaged by fluoride in tap water. Rain water is preferable in this case or make sure the soil is slightly acid. The steam produced in kitchens and bathrooms generally makes these rooms ideal for house plants and flowering pot plants, provided they are free from draughts. To increase the humidity around the plant, a moist "microclimate" may be created in the air close to the plant, whilst the rest of the room remains as dry as ever. Fill the space between the pot and an outer container with with peat, this packing is then kept thoroughly and continuously moist; or fill a

shallow container with pebbles, and then add water to nearly cover them then stand the pot on this these and add water from time to time to replace evaporation loss. For healthy growth, full sized flowers and proper leaf development the roots of indoor plants must obtain adequate supplies of nitrogen, the leaf maker; phosphates the root make and potash the flower maker. A "compound" fertilizer is one which contains all three essential plant foods. Baby Bio is made specially for the purpose. Neglected plants succumb much more readily to pest and disease attacks. Aphids; to control use Malathion: Red Spider, mite spray with liquid Derris: White fly, spray with Bio sprayday. Diseases: mildew may be traced to poor conditions, rot generally associated with over-watering.

Following the Professor's enlightening talk the interested audience responded with many questions. Professor Morgan said he was very pleased to have come to have come to such an attentive group at the Templeogue Horticultural Society and we were happy to have him with us.

At our next meeting on Wednesday 16th FEBRUARY, Mr. Sean McCann will talk about "Growing better Roses". We look forward to seeing you there.

YOUNG FINE GAEL

It's been quite a while since Young Fine Gael has contributed to this magazine; it was in fact last June when Brian Gallagher, our then P.R.O. reported on our discussion of the Pro Life issue, which generated considerable interest. As a voice for the youth in the area, we hope to raise further thought provoking issues in the future.

In case anyone has forgotten, we have recently had yet another General Election, thankfully a real government at last and one which takes a genuine interest in young peoples problems. The election campaign was exhausting, but we really appreciated the great help, support and friendly hello that we received at each doorstep.

We would of course like to commiserate with Councillor Larry McMahon who failed to be returned to Dail Eireann and we wish him well in his bid to obtain a Senate seat. We now have a new T.D. in Michael O'Leary and congratulate him on his election.

We look forward to working closely with him. Talking about elections, we hope all constituents have checked that their names are on the new electoral register, especially young people who will have a major influence on the future running of this country.

Yes he is back! Our long lost Chairman Martin Lynch is back from designing 21 bedroomed semi-detached palaces in Saudi Arabia. He also returns to take up his new post as Constituency Youth Officer and will be running amuck, oops sorry, running for the National Executive of Young Fine Gael at our Youth Conference which will finally be held on the 11, 12, 13th of February in Galway.

A reorganisation of the Officer Board of this Branch now finds Brian Gallagher and Declan McKenna as Joint Treasurers and yours truly as P.R.O.

One of our merry band, Vanessa Hayes, has left our group to spread the word of Garret the Good in Tallaght. We wish her well.

Young Fine Gael are looking forward to helping our new T.D. run constituency clinics, time and place to be announced. Each week one member of our branch will be in attendance to help with

The Star of Bethlehem

"We three Kings of Orient are
Bearing gifts we travel afar"

The words of the well known Christmas carol and the recently celebrated feast of the Epiphany recalls the Star of Bethlehem which has interested astronomers and historians in recent years. In St. Matthew's Gospel we read "Now when Jesus was born in Bethlehem of Judaea in the days of King Herod, behold there came Magi from the East to Jerusalem, saying "Where is he that hath been born king of the Jews? For we have seen his star in the East and are come to worship him." The Magi, or wise men were probably astrologers and would therefore have been very conscious of unusual happenings in the sky, such as the comets of March, 5BC and of April, 4BC. They must also have noticed the triple conjunction of Saturn and Jupiter in Pisces, which occurs only every 120 years and produced a light of unusual intensity for planets in 7BC.

In the chronicles of Worcester Priory (1377) a conjunction in Aquarius was recorded as having happened in 1285, with the comment - "it had not happened since the incarnation". This suggests that as early as the 14th century the Star of Bethlehem was interpreted as a conjunction. If this were so we must consider whether the historic events relating to the date of the incarnation would be consistent.

Dionysius Exiguus, a prominent scholar and Roman monk fixed the origin of the present Calendar so that Jesus was born in December of 1 AD corresponding to 753 U.C. (from the building of the city). But Herod the Great is reported to have died in 4BC so Jesus must have been born before that date. When the Magi didn't return to Herod to tell him of the whereabouts of Jesus he sent men to kill all male children of Bethlehem and its surroundings who were 2 years old or less. This would suggest that Jesus might have been as much as two years old before Herod's death, which would place his birth close to 7BC. Of 58 modern authors cited by Holzmeisters (Chronologia Vitae Christi, Rome 1933), 33 select 7-5BC for the year of the Nativity, of the 42 ancient opinions listed however not one falls as early as this period and only one before the supposed date of Herod's death.

Another clue to the date of the Nativity comes from St. Luke's Gospel (Luke II, 2) where we read, "Now it came to pass that in those days there went forth an edict from Caesar Augustus for the registration of the whole world. This first registration occurred when Quirinius was governor of Syria. So all went to register themselves every man to his own town. And Joseph likewise went up from Galilee into Judaea, from the town of Nazareth to the town of David which is called Bethlehem, for he was of the house and family of David, to register himself together with Mary his betrothed, who was with child." Now the first registration appears to have taken place in 5 or 6BC when Saturnius was governor of Syria and Quirinius was the Emperor's legate. Merivale's General History of Rome (1892) states that Quirinius (or Cyrenius) was first governor of Syria. Which ever is true it still seems to confirm a date of 6-7BC for the Nativity.

It is also interesting to speculate on the time of year when Christ was born. St. Luke also writes, "And in the same district were shepherds living out in the fields and keeping the night watches over their flock." But according to the Talmud sheep are taken in from the fields between November and March and climatic conditions in what was

then Palestine were then most inclement, there being an average of 6-8 inches of rain during December, January and February. The time for shepherds to be with their flock was during lambing in March and April which therefore seems a more likely time for the Nativity. The date of December 25th for Christmas was selected because of its association with the pagan feast of dies solis invicti natalis (the birthday of the unconquered sun). As many early Christians still celebrated this pagan holiday it was adopted by the Western Church about AD 336, while in the Eastern Church the Nativity was celebrated on January 6th. Clement of Alexandria (AD194) gives the date as Nov 18th 3BC but states that others think the birthday was either May 20 or April 19/20.

Readers, of course, will wish to view the Star of Bethlehem as a miraculous rather than a natural phenomenon, but surely when you think of it sufficient glorious spectacles in Nature were already around us to herald his arrival. Ref. Hughes, Nature, Dec. 9, 1976.

A Message to our Readers.

As we enter 1983 we must advise you that we are likely to cease publication in the Summer because we are running out of money. Soaring printing costs coupled with a substantially reduced margin of profits on advertising and rather static circulation have put a question mark over our future operations.

The Editorial Board and those responsible for delivery feel that we are now working for the benefit of the printers and government (crippling 18% V.A.T.) and are not too sure that the Telegraph will be even missed when the last issue has been delivered.

We took up the job from Paddy and Mary Heneghan and carried it on for five years and over forty issues. The teamwork involved has been thoroughly satisfying and rewarding.

To ensure that we will break even by June, we are now seeking sponsorship. We have already received support from the A.I.B. in Templeogue, and would hope that other businesses in the area, especially those who haven't advertised during the year, would do likewise. We will publish a list of our Sponsors in future issues.

YOUNG FINE GAEL

Templeogue Branch

→ any problems which young people may have. We sincerely hope that the youth of the constituency will avail of this service, which will compliment councillor Stan Laing's hard work through the area.

Our next branch meeting will take place on the 17th February at 8.00 p.m. in Terenure College and one of the topics for discussion will be unemployment, particularly in our own area. New members welcome!

On a final note we wish to extend best wishes to Denis Jennings who is also running for the Senate on the University Panel. All graduates take note.

SUSAN BREEN,
P.R.O.

P.S. In reply to query from constant reader:
Yes, we all do.

FOR SALE - Hutch suitable for Guinea Pig.
Hamster, Gerbil. £2. Phone 903630.

News

Pre Christmas SALE of WORK at OUR LADY'S School



SANTA AND FRIEND



CATERING COMMITTEE



LOLLIPOP TIME FOR HELPERS!



WAITING FOR SANTA

Photo



TOY SUNDAY AT
ST. JUDES



▲ OUR LADY'S SCHOOL SALE
OF WORK



WINTER PROJECT 1982. BASKET BALL.

1st Row.
 Heather Breen, Vanessa Condon (Captain of
 Running Team), Eleanor O'Mahony, Ann Scollard
 Lisa Morris, Brid McGuinness (Project
 Director).
 2nd Row, 2nd from left.
 Stephanie Mills (Captain of Runners-up team).



SALE OF WORK AT
ST. JUDES
MRS MAUREEN DURKAN

COOKERY CORNER

THE MOST FROM THE ROAST

Small Joints, big family?

Don't worry, We have ways -

Marvellous, appetising, economical ways of making it work

The Splendid Roasts -

Sirloin of Beef,

Saddle of Lamb,

Leg of Pork - have sadly priced themselves out of reach of most housekeeping budgets and into the realms of Special Occasions or Rare Treats.

We can still have a joint on Sundays. It won't be the choicest, biggest or most expensive, but with care and a lot of ingenuity it can still look and taste like the highlights of the weekend's meals. Hard times have produced good cooks as well as good jokes - the challenge is greater. Making a little go a long way calls for all the skills, tricks and extra flourish a clever cook can muster.

Buy with Care

The Supermarket butchers often make up their own joints.

Choose neat, compact pieces, not too gristly, that don't look as though they will fall apart in the cooking.

Don't forget good bargains in chickens, bacon and turkey joints - lots of lean meat and flavour here. Cook with flair - small cheaper joints call for different treatment from the grand roast.

Fierce heat will toughen it, so, take time and trouble to keep it moist and tender. Be clever with seasoning and marinades to bring out the flavour. For covered roasting use a dish that is just big enough with a close fitting lid.

Less Meat - More Veg.

We are all more adventurous now about eating and growing veg - so serve a generous selection three or more to add colour, interest and extra nourishment to the plate. Include the exotic ones from time to time. Be more imaginative with potatoes. Try new ways with traditional veg. Pulses, Pasta and Popovers and not to mention dumplings and fritters. They are all excellent fillers and help to eke out slightly smaller helpings of meat. Tentel Celery Ragout is doubly economical in using up the rest of celery after stuffing for pork shoulder has been made. Hortheadish Popovees, little batter puddings with a kick to them, combine two traditional roast beef accompaniments.

Sweetcorn Fritters will go happily with bacon or chicken dishes.

Carve it skilfully

Elizabeth Ayerton mentions a useful, bring-your-own joint School of Carving that flourished in Soho in the 19th century for London ladies and the need still exists because you can easily undo good cooking with bad carving. Most of our small joints repay carving in the kitchen mainly so that you can disguise the size of the piece by presenting it ready sliced, its stuffing displayed and its accompaniments ranged around it.

Roast breasts of lamb? Why not?

If you happen on some that are particularly lean

and meaty snap them up. They are great value and well trimmed to get rid of most of the sinewy layers, will roll up into a very respectable and delicious little joint. Give it the sweet and sour treatment with a Barbecue, glaze of honey, say lemon juice, and tomatoe ketchup, serve with plain mashed potatoes and cauliflower. Considering the cheaper and simple ingredients this makes a very worthy family meal.

Roasting small joints of beef is a little trickier. It is practically impossible to achieve that lovely pink rare or even medium rare meat. That doesn't mean that your joint has to end up tough and dry.

Start off with a lean piece of meat, well butchered, pack around with carrots, parsnips, onions, turnip and leek and cook slowly. This is a recipe which gives you the best of both worlds of Casseroling and Roasting.

The small turkey joints which are now produced all year round are real winners. Good lean meat - no waste.

R.S.

— The Third World —



GREETINGS FROM PERU - SISTER ROBERTS, R.C.E.

Sister Joyce Roberts sends greetings from the mountains of Peru where she has been since December last. She writes "daily in the early morning. I add five hours to our time and do the rounds, in prayer, of my many friends at home whose morning is well on by then..... the altitude has not affected me". "Everywhere the needs are great - everywhere the poor are exploited and oppressed..... In the mountains the people are all peasants ... they work very hard on the land, both agriculture and pasture. The women and children watch their precious cattle and sheep, the boys dig the fields from an early age with their fathers the wealthy forcefully take their land away.... they have no defence.... with all this there is

→

a deep faith and the peasants are so welcoming".

It may be of interest to our readers to know that a project is being undertaken to 'adopt' this new mission of Sister Robarts and her three companions - all members of the Religious of Christian Education. A similar idea was suggested in our issue of May 1982 under the heading "Templeogue and the Third World". The idea was "that we in this community would be the home base, the logistical support, the backers, of someone or some group working at the 'front line.' It will be sometime before Sisters can make their needs known. Meantime we invite anyone who would wish to join in this project to give his/her name to May O'Neill (903000), and we will then be in touch with you.

Domville Notes... P. Keogh.

It seems no length of time since I prepared my last notes. It simply flew - particularly with Christmas in between to keep us all on our toes. I hope all the Telegraph readers had a lovely Christmas. I certainly enjoyed mine and went for a couple of miles walk both on Christmas Day and St. Stephen's. It was so mild. I missed going to Midnight Mass. It was my turn to stay at home to mind the younger children. There is always something special about going out into the dark night, with the glow of candles in the windows to light the way to the Church.

I don't know if we quite qualify for a mention in the Guinness Book of Records but one of our residents won three prizes in our Parish Christmas Raffle. Ann McHugh won the 3rd, 6th and 7th Prizes out of a total of seven. Congratulations to Ann on her marvellous luck!

Not a lot really happened here in the past few weeks. Enough writing for now, except for one wish - a happy and peaceful New Year to all the readers of the Templeogue Telegraph.

EPILEPSY

A SILVER SPOON WON'T DO

When someone has a seizure never force anything hard between the teeth. It is physically impossible for a person to swallow his or her tongue during a seizure. Attempts to force the mouth open can often cause damage to the teeth and gums.

Keep calm. By keeping calm, you can reassure other observers. If possible, look for medical bracelet or neck chain.

Clear the area. Remove sharp, hard or other hazardous objects. Also remove glasses, loosen tight collars, neckties and/or belt, but do not interfere with movements.

Turn the person on his/her side. This keeps the airway clear so that breathing is not obstructed.

Do not restrain or try to revive. You can't stop a seizure once it has started. Place a pillow or a coat folded flat, under the head. Awakening should be voluntary. Don't panic if person seems to stop breathing.

You may not have to call a doctor. You need only to call an ambulance if the seizure lasts longer than ten minutes or if another seizure begins immediately after the first has ended.

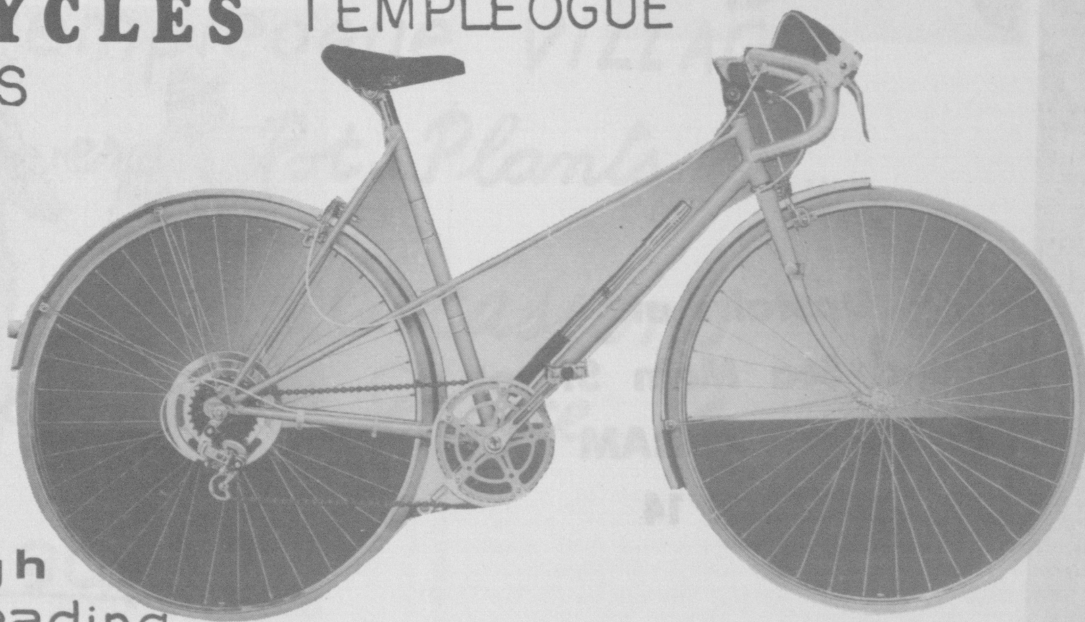
Be reassuring. Some people are embarrassed when consciousness is regained after a seizure. It is very reassuring to see a friendly face.

Some people are very surprised to hear that you should n't place a spoon in the mouth of a person having a seizure. There are many myths and superstitions about epilepsy. Get the facts.

Phone 905094

HOLLINGSWORTH CYCLES TEMPLEOGUE

SALES
SERVICE



Raleigh
The Leading
Spokesmen

TRADE-INS TAKEN

Changing Fashions



(NEARLY NEW BOUTIQUE)

**Ladies' Good Quality Fashion
Garments Accepted and Sold**

HOURS Tues.- Sat. 10 a.m.- 5 p.m.

**Upstairs at
56 and 56a Main Street
RATHFARNHAM
DUBLIN 14**



templeogue hair and beauty studios

(OVER Massey Bros)

Main St., Templeogue.

SHAMPOO AND SET	£ 2.30
PERMS	£ 9.95
COLOUR	£ 5.50
CHILDRENS DRY TRIM	£ 1.00
EAR PIERCING	£ 2.50



CONCESSIONS TO O.A.P. AND WIDOWS

OPEN MONDAY TO SATURDAY

LATE NIGHTS THURSDAY AND FRIDAY

BEAUTY AND HEALTH TREATMENT BY APPOINTMENT ONLY



massey bros (FUNERALS) LTD.

templeogue VILLAGE

Flowers, Pot Plants etc.,

For ALL Occasions

→ Delivery Service ←

PHONE 907601



NIGHT PHONE 698207



Councillor Laing.

By the time you receive this issue of your local Telegraph we will be well into 1983 and it is my wish and prayer that the same community spirit that prevailed over the Christmas period, of generosity and love, will continue throughout the year. Although we all realise we will be called upon to make many sacrifices, it is important we look forward with courage and faith for the good of our future generation and in particular make a determined effort to solve our high unemployment situation.

However, there is one real bright spot for the future and that is in the field of energy. During the month of January many of our 150,000 gas users will benefit from the link-up with the Kinsale Gas Field. As many people seem a little in doubt about the future, here are some facts that will help to clarify the situation.

1. The natural gas conversion is being spearheaded in Dublin Gas by a French Conversion Consultants, Sofragaz, at the new Headquarters in Dorset Street.

2. Natural Gas will be fed into the system in January and you will see no difference.

3. Natural gas is non toxic and there is less risk of leakage.

4. Straightaway you will benefit from substantial price reductions, i.e. - average two monthly bill on central heating would be cut by £48 and the saving where gas cooking only is used would be 25%. This will be followed by substantial savings over the next three years.

5. The appliances you have at present will need conversion. You do not need to take any action yourself. A house to house survey will begin in January and the operation of conversion will take 2/3 years. Dublin Gas will contact you when the time comes. Conversion will be free of charge and will be done quickly and neatly. Most appliances can be converted and for those that are not, the Gas Co. will be offering very attractive trade -ins. The Gas Water Heater provides instant and continuous hot water and at a very cheap rate. All New Appliances are dual fuel models. One of the great benefits of Natural Gas is that so far it has provided 645 new jobs in the installation - further new and challenging positions will be offered at the new nerve centre at Dorset Street. On the local scene, I am delighted to see that many of our roads which had defective lighting for some time have been rectified after I made continuous representations, but this was due to a go slow in the Public Lighting Department.

It is sad to see our local telephone kiosk has been vandalised on a number of occasions and it is important that this essential service be restored as quickly as possible. I intend to contact the Minister for P & T, Mr. Jim Mitchell, requesting him to have further improvements carried out on the design of a vandal-proof community telephone system.

I am very happy to report that tenders for the new Templeogue Bridge are due in late January and hopefully we will see the commencement of this essential improvement in the coming months. It is quite evident the real urgency of this work and I shall be pressing the Minister to sanction the tender as quickly as possible.

I continue to meet at my local Centre every Saturday morning at 10 a.m. (opposite Troys) Templeogue Village, by appointment, Phone 905571.

Your local Councillor, Stanley Laing.

"THE KING"



My Grandfather was a Master Bootmaker and his shop was the focal point in the locality where we lived. Every evening neighbours came in, and as he worked at his bench, the conversation turned to current events - especially political ones - and it was in his workshop that I learned the rudiments of politics and history. His surname being KINGSTON, he was affectionately known as "the King" and during debates one would hear such comments as "you're quite right King" or "I agree with King". His forte was "the life and times of Charles Stewart Parnell" but he was equally versed in the affairs of John Redmond, William O'Brien and Eamonn de Valera. However, I am straying from the point!

A long time after he had died I went back to see what was left of what was once a thriving business. It was gone! - swallowed up in a new housing scheme. As I left I received a tap on the shoulder. I turned round to find myself face to face with a hefty individual who stuck out his hand and said "Aren't you the King's grandson?". "I'd know you a mile away - the father, God be good to him, was one of his best friends". He went on to extol the goodness of the King - His great powers of debate - his education. "The father always said that the King should have got a diploma to hang on the wall". He poured praise on his ability to make boots (it appears that all the clergy of the Area, Roman Catholic and Protestant alike wouldn't wear any other boots but his), "But", he went on "The King's best quality was his generosity - many is the time" he said "that me tongue was hanging out for want of a pint and he would come to the rescue. God be good to him".

I didn't need to be Sherlock Holmes to know what was coming next - his tongue was once again hanging out and thanks be to God here was the King's Grandson - the Crown Prince - to save his life.

He had a rude awakening! "I don't drink myself" I told him "and I'm afraid it is against my principles to encourage drinking in others!"

We parted. I was gone about 20 yards when the shouting started. Having firstly doubted my parentage he hurled abuse at me while following at a respectful distance. He finally said I was "no so-and-so good" and what's more that "the King" wasn't much good either. In fact "the King and all his family were a shower of mean, miserable, ignorant, uneducated sods who wouldn't give a body a drink to save his life!!"

Poor King! Even in death uneasy lies the head that wears a crown!

Michael Sheehan

LEINSTER FAMILY HISTORY SOCIETY

The aims of the society are:

1. To encourage and foster an interest in family history.
2. To organise courses, seminars, outings on family history.
3. To transcribe Parish Registers, Census Returns, Memorial Inscriptions etc.
4. To publish a magazine (including a members queries column)

Further details from
Richard Flatman (Hon Chairman)
36 College Drive Phone 967997

Templeville & Fortfield Residents' Association

We hope all our members had a happy Christmas, and we wish you a peaceful New Year.

Nameplate Templeville Avenue: The Engineering Department of Dublin County Council, on our request, have replaced the nameplate on Templeville Avenue.

Public Lighting: The seriously defective lighting in Templeville and Fortfield area is causing concern. We were in touch with the Public Lighting Section about this and due to a seven week strike by general workers in the Department, no repairs to the public lighting were made from 21st September to 9th November. A large back-log of work has accumulated as a result. Nightly inspection of all lighting is being carried out on a scheduled basis, and defective lighting is being systematically repaired. Repairs will be carried out in this way as quickly as possible.

Phoenix Relays: The Committee has been asked by some members of the Association to investigate breakdowns and poor service on our cable t.v. system. Information received from the Area Representative of Phoenix Relays, Ltd., states that the equipment used in relaying television signals in the area is subjected to a programme of regular checks and maintenance designed to ensure that such equipment is operating at maximum efficiency at all times. In instances where a particular item is found to be defective it is immediately replaced.

Further information received states that the company employes a large number of service personnel to ensure that service calls are attended to within 24/48 hours. Only in very exceptional circumstances would this period be exceeded.

The company also says that they do not get a large volume of service calls from our area, so this does not indicate a general system fault. The Association would like all residents who have specific problems relating to service calls or break downs to get in touch with their nearest committee member and put their complaint in writing where possible. A list of committee members is as follows:

- Mr. J. Doran, 14 Fortfield Grove;
- Mr. V. Tyrell, 27 Fortfield Road;
- Mr. P. McGovern, 33 Fortfield Drive;
- Mr. P. Seery, 26 Templeville Road;
- Mr. A. O'Kelly, 24 Fortfield Avenue;
- Mrs. E. Heffernan, 41 Templeville Drive;
- Mrs. H. Moriarty, 39 Templeville Drive;
- Mrs. E. Tobin, 75 Templeville Road;
- Mrs. J. Henderson, 73 Templeville Road;
- Mrs. B. McDonnell, 7 Templeville Avenue;
- Mrs. C. O'Regan, 43 Templeville Drive.

County Council: We have been in touch with the Parks Department about the planting of Trees on Fortfield Road, also to replace grass verges damaged in recent repairs.

The completion of works at Fortfield Shopping area will be finished as soon as possible.

Annual Collection of £2 membership fee has been completed by the Committee. But in some cases as many as three calls were made to houses and no answers received. So, if there any residents who would like to join our Association and have not paid, they can forward £5 to Hon. Treasurer, 41 Templeville Drive.

C. O'REGAN

feile bhríde

As you read this issue, the fourth Feile Bhríde is underway for the week ending 4th-6th February at Our Lady's School and Terenure College. Once again we wish to record our deepest gratitude to the School Authorities for permitting the use of the premises and for the facilities they make available to us.

A total of 250 Solo entries and 16 Choirs were received. We trust they find their participation enjoyable and rewarding.

The time-table reads as follows:

Friday from 5.30 p.m. to 9.30 p.m. approx.
Choral Singing: Solo Singing in Irish and English:

Choral Verse Speaking: Solo Verse-speaking in Irish: Tin - whistle (solo).

Saturday from 9.30 a.m. - 12.30 p.m. and 1.30 p.m. - 3.30 p.m. approx.

Solo Verse-speaking in English
Piano Solo

4 p.m. - 7.30 p.m. approx - Recorder(solo)

All these competitions are at Our Lady's Saturday from 3 p.m. in Terenure College

Concert Hall:-
Choral Verse-speaking in English

Sunday 8 p.m. in Terenure College Concert Hall:-

Prize-winners' Concert with Guest Artistes.
Admission £1 students 50p

ONE HOUR

KEEP FIT CLASSES

MONDAYS TEMPLEOGUE COLLEGE HALL 7.30 p.m.

TUESDAYS TERENURE RUGBY CLUB PAVILLION, (GREENLEA GROVE) 10.30 a.m.

KEEP IN SHAPE - MUSICAL EXERCISES - DISCO MOVEMENTS.

PHONE: 905437 for details.

000

PAYMENT AT EACH CLASS.

000



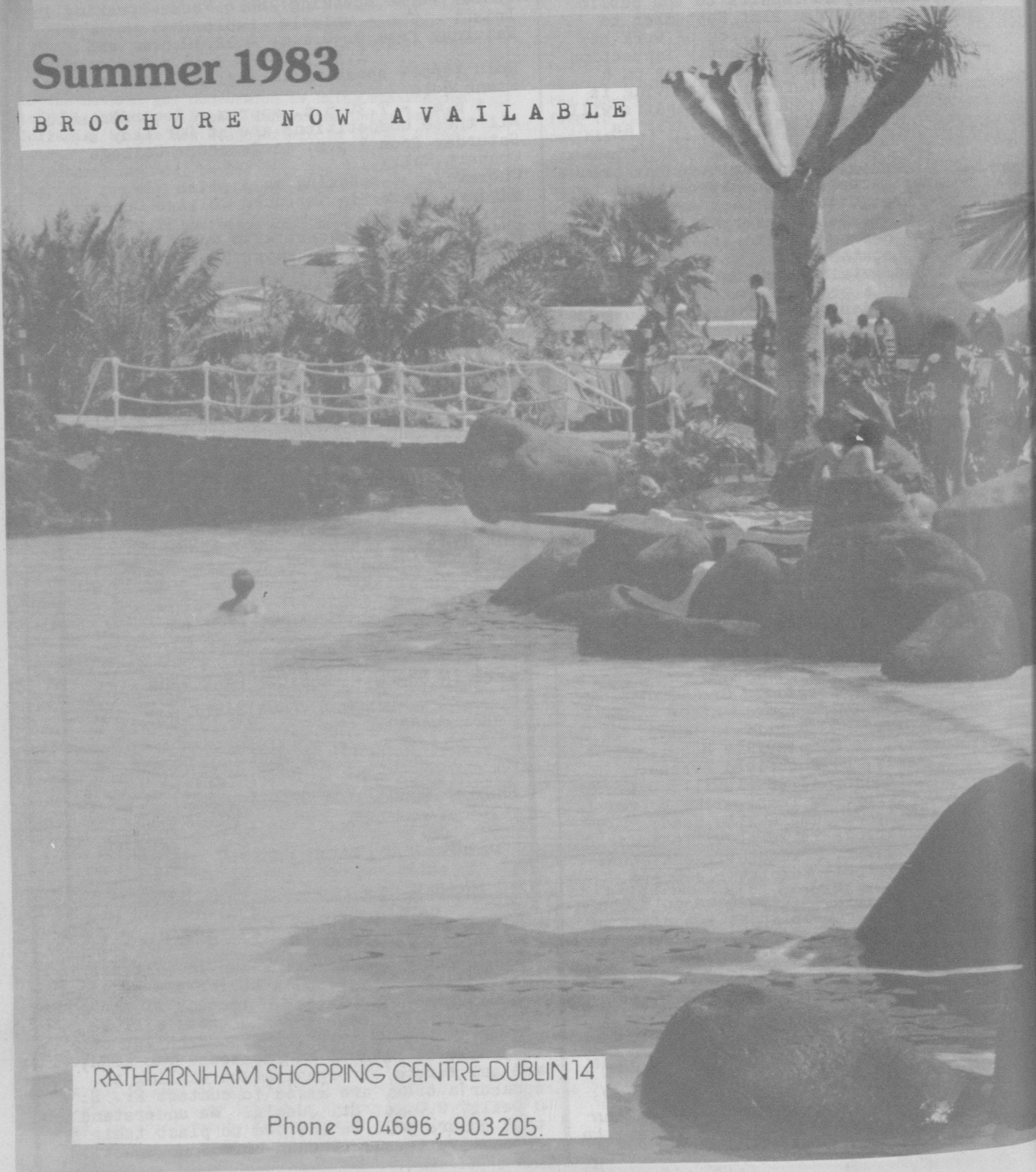
+++ STOP PRESS. LATE NEWS.+++

As we go to press, a number of trees in the grounds of St. Jude's Church and adjacent schools are being felled. Victims of the notorious Dutch Elm Disease, the trees will be replaced in the near future by Church Authorities. It is planned to landscape the area, and any person or organisation willing to sponsor a tree, are asked to contact Fr. S. O'Neill, C.C. at St. Jude's. We understand that donors will be invited to plant their respective trees. (CHURCH ELDERS no doubt)!

EUROTRAVEL

Summer 1983

BROCHURE NOW AVAILABLE



RATHFARNHAM SHOPPING CENTRE DUBLIN 14

Phone 904696, 903205.