

empleogue elegraph

30p



Horticultural Society

bunny williams

Since I last wrote in the December/January issue events somewhat overtook us and necessitated a change in the programme for our January meeting. We had intended to arrange a showing of the National Gardens Association of Ireland award winning gardens for 1983 in the early Spring, but due to circumstances beyond our control regarding availability we had to move this forward to our January meeting. We advertised as widely as possible to acquaint our members and friends with our change of plan and are sorry that some may have missed the opportunity to see this as it was a wonderfully produced show.

It was an audio-visual show which, to the uninitiated like myself, took the form of a film lasting two hours with a voice-over by Mr. Mark Downes, who is President of the Association and is also one of the judges of the competition. For that evening we had the use of the main Hall in Our Lady's School and about 220 people attended, many of them visitors from neighbouring clubs.

Nearly 1,000 gardens entered in the competition in 1983 and these were from all over Ireland which is divided into regions. We were shown the gardens of the 1st, 2nd and 3rd winners in each class in each region and it made for an extremely varied showing. All types of gardens were represented, from those which must have comprised a few acres (and one suspects that in these some help from a gardener must have contributed to the success) to many quite small suburban gardens, which although they may have been small in size must have involved an enormous amount of physical hard work to bring them to the level of excellence which they attained. On film we travelled the length and breadth of Ireland, our journey from one region to another being linked by some lovely scenery shots of local landscapes. The quality of the photography was superb, the gardens were a delight to see and the commentary was excellent, being both informative and at times suitably witty. Here there was something to suit all tastes - formal town gardens, rambling natural country gardens, alpine gardens, vegetable gardens, and believe it or not one which depicted religious scenes featuring statues and plants of a symbolic nature - quite fascinating to see but one which might be a bit daunting to emulate.

There was one garden in Dalkey which was absolutely breathtaking as it was constructed on a particularly rocky sloping site on Sorrento Road, but the attention and wealth of planning (not to mention the cost) which went into it was evidenced in the end result, which was beautiful. One or two of the entrants had gone a little overboard with the garden gnomes, one in particular had even erected a small house for them in the garden where they literally seemed to be clinging to the roof. However, one feature which was very evident throughout the majority of the gardens was the increasing tendency to include some type of garden pool in the layout. They were there in all sizes, even tiny ones in small suburban gardens, and they really proved how water, be it a pool or fountain, enhances any garden. The majority of entries in the Dublin area were from the north side of the city although a small number of "firsts" were situated on the south side. This seems to endorse the fact that generally speaking "northsiders" seem to be more garden conscious - maybe this is because there are more Horticultural Societies on that side or are we back to the that old riddle, "which came first, the chicken or the egg?"

At the end of the evening, when our Chairman thanked the presenters for the evening's entertainment, and

thanked both members and friends for attending (in spite of the very cold frosty night), I think it was generally felt that what we had seen, whilst out of reach for many of us, had demonstrated how even the most humble garden can be transformed into a place of beauty.

Having referred to the pleasing effect of garden pools I am sure many will be pleased to learn that at our February (15th) meeting Gordon Ledbetter will be speaking on "Water Gardens".

Before I finish just a small reminder about subscriptions. The year runs from September to May and we should like to remind anyone who has not paid since September 1983 that their sub. is now overdue and should be paid as soon as possible.

COOKERY CORNER

CHOCOLATE BISCUIT CAKE



225g/8ozs. plain dessert
Chocolate broken into
pieces; 225g/8ozs unsalted
butter; 2 eggs; 50g/2ozs.
castor sugar; 40g/1½ ozs.
cut mixed peel; 12 glace
cherries, rinsed, dried
and quartered; 50g/2ozs.
blanched almonds chopped.

1 tsp. grated orange zest; 225g/8ozs digestive biscuits coarsely crushed; 2 - 3 tblsp. Cointreau (optional).

Grease a loose-based, shallow 20cm/8" round tin. Line base with greased grease-proof paper.

Put the chocolate and butter into a bowl over a pan of simmering water. Heat gently until melted, stirring occasionally, then set aside to cool slightly.

In another bowl, beat eggs and sugar, with a wooden spoon, until pale and frothy. Slowly stir in the chocolate mixture, mixed peel, cherries, nuts and orange zest. Add the crushed biscuits and mix thoroughly. Add in the cointreau if using. Turn the mixture into the prepared tin.

Cover with cling film and place in fridge for 8 hours to firm.

To serve, remove cling film, and run a palette knife around the sides of the tin. Remove the sides of the tin.

Serve cake chilled, sliced into narrow wedges, as this chocolate biscuit cake is very rich.

Makes about 10 - 12 slices. MARY DUNNE.

TIPS

When baking potatoes in their jackets push a skewer through the centres as this conducts the heat to the insides and speeds up the cooking time.

A very good alternative to wine in the kitchen is dry cider. Even such classic dishes as coq au vin or boeuf bourguignonne turn out beautifully with cider.

Invest in a pepper mill. Freshly ground black pepper adds a new dimension instantly to your cooking.

★ FOR SALE Britax Car Seat -
Good condition £20 - Phone
960520

templeville and fortfield residents' association

claire
o'regan

Lights Templeville Road: After our representation to the Engineers of Public Lighting, lights outside 100, 103, 107 Templeville Road were repaired on 21st December.

Shrubbery at Fortfield Shops: We wish to acknowledge and thank the Department of Parks & Environment for repairing the rustic work around the flower beds at Fortfield Shops at our request after it was vandalised around Christmas time.

Tree Pruning: will be carried out during the current tree planting and maintenance season in Templeville and Fortfield areas. It is now in progress and will continue until March 1984.

Local Authority Water/Service Charges: The following is the A.C.R.A. Policy Statement on Water Charges which may be of interest to some members.

A.C.R.A. and its neighbouring Association, N.A.T.O., call on all their members not to pay Local Authority Charges.

Householders are already paying for these Services through Central Taxation. In forcing these levies on the already over-burdened householders, the Government is demanding that the householder pays twice.

Regional Technical College: A site has been purchased for a Regional Technical College in Tallagh. At first 1,000 places would be provided in this College and the development to 2,000 places. Consultants for the project have not yet been appointed and planning of the College has not commenced. The cost of the initial development including the site cost is £9.9 million. It is not possible at present to say when detailed planning will commence or when the college will be available for reception of students. The nature of the courses and facilities to be provided will be determined in due course.

Occasional Work: Man wanted for occasional work in the area. Please contact me 900650, or any Committee member.

environment



We wish our colleague and mentor, THADDEUS C. BREEN every success in his teaching job in Spain. We are all familiar with his excellent covers for this magazine. We shall also miss his lecture series which have stimulated us also over the years. To

eulogise any further on T.C.B.'s excellent qualities would, we feel, encroach on our fellow correspondent Bunny Williams. So, we look forward to a fuller appraisal from "Know Your Neighbour" the minute Thaddeus returns from the land of the Moors.

We would like to take this opportunity to thank also the Dodder Valley Association and the Dodder Anglers Association who keep a watchful eye on a very important local amenity, namely, the river Dodder, not only to ensure its preservation as an open space, but also to organise and clean up the river annually, especially between Rathfarnham and Templeogue Bridges. When helping out last June we were tickled pink to find that the T.C.C., T.L.C., T.R.A., and the T.H.S. were all represented by ONE pair of hands! Had it not been for the expertise and muscle power of the D.A.A. 'we' would still be picking up sweet papers!

This year we hope to have a notice in the "T.T." in plenty of time to get us ALL in trim for the annual clean-up. In the meantime it would keep us in practice to pick up the odd sweet wrapper, and also to encourage our children and others, not only to do likewise, but NOT TO DROP THEM in the first place.

We congratulate the T. & F.R.A. on the very promising rose-bed near the Fortfield shopping area - "A thing of beauty and a joy forever" - we hope - with your help.

D. WALSH B. WARD.

poetry corner

WINTER WONDERLAND

How I love the winter things
When the robin redbreast sings
Get my knitting needles ready
Make a little scarf for teddy.

Jack Frost on my window pane
Throwing ice along the lane
Lots of chestnuts we can roast
Lots of supper buttered toast.

Furry gloves and woolly bonnet
With a scarlet bobble on it
Look the pond is thick with ice
Get my skates on in a trice.

Circus clowns and pantomimes
Pretty dresses, party times
Coloured candles glowing bright
Carol singers in the night.

Winter things are fun you see
Holly bushes Christmas tree
Snow flakes on my nose and chin
Hello! winter come on in.

Sinead.

TERENURE COLLEGE
CHAPEL

Mass in C

By

Robert Führer
(1807 - 1861)

will be celebrated by

Rev. Fr. Eltin Griffin O. Carm.

with choir and orchestra under the
direction of Cormac Flanagan

Sunday 26th February at 7 p.m.

DIARY

- Wed. 1st Templeogue Ladies Club - St.Pius X School Hall 8 p.m.
 Fri. 3rd Feile Bhríde opens in Our Lady's School 5.30 p.m.
 Sat. 4th Feile Bhríde continues from 9.30 a.m.
 Sun. 5th Feile Bhríde continues from 10 a.m. Prize Winner's Concert
 8 p.m. in Terenure College Concert Hall.
 Mon. 6th Meeting on Unemployment in Terenure College
 Fri. 10th Ceili - St.Pius X School Hall 8 p.m. 50p
 Sun. 12th Meeting of St. Pius X School's Management Board 8.15p.m.
 Tues. 14th St. Joseph's Young Priest's Society
 Wed. 15th Templeogue Horticultural Society - Our Lady's School 8 p.m.
 Thurs. 23rd The All Priests Show - Zion Parochial Hall, Rathgar 8.p.m
 Fri. 24th Ceili - St. Pius X School Hall 8 p.m. 50p
 Sun. 26th Mass in C by Robert Führer - 7 p.m. -see notice within.

Photo

News

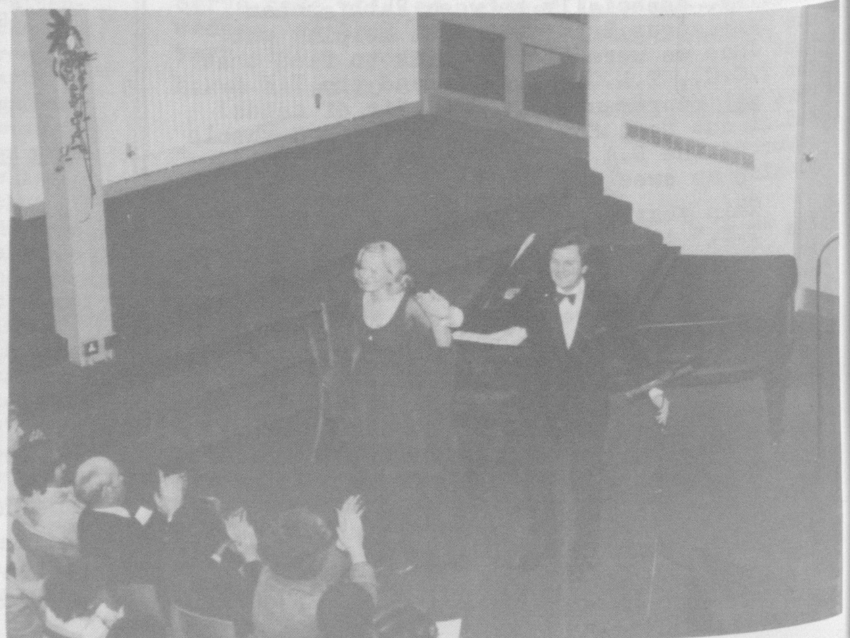


Group at Horticultural Society Meeting

Brona FitzGerald
Violinist



Frank Patterson
& Eily O'Grady



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TEMPLEOGUE ROUNDABOUT

Elian Nua fe shein is fe mhaise dhibh go leir. A very Happy New Year to you all. Christmas seems a long way away just now but it is hoped everyone had a nice time and that the New Year brought good resolutions to mind which have been well kept since. Resolutions! I don't recall much fuss being made about them. A short time ago they were always an interesting talking point.

However, more immediate memories of the festive season 1983 can be talked of with enthusiasm. For instance, the Christmas Carols Evening in St. Pius X Church is always a pleasure and is the occasion that is needed to give one the 'real Christmas reeling' if you hadn't got it already. The Choirs were in fine voice and the story of Bethlehem was superbly enacted by the pupils of St. Pius X Schools - all under the guidance of Father Breen, with teachers help, of course. The narration was beautifully spoken by Imelda Gogan. The Templeogue College Band under the direction of Col. J. Doherty really helped make the night a happy celebration of Christmas.

Before Christmas, too, there was a real treat for music lovers in Our Lady's School when a concert was given by Frank Patterson, accompanied by his wife Eily O'Grady. Frank is acclaimed, and rightly, as Ireland's leading Tenor of our time. Eily is an accomplished Harpist and Pianist. As parents of the School they, without hesitation, offered to do this Christmas Concert to benefit the School Fund. It was the kind of concert Fund-raising Committees dream about and this was, indeed, a dream come true for the School Committee. The audience were enraptured - for his singing is a delight and his presentation so warm and friendly. This was a most relaxing, enjoyable evening full of the delights of music and song. Frank and Eily promise to come again, and having already experienced their great generosity, I feel sure there is no doubt about it. Included on the programme - as suggested by the Pattersons - were talented past and present pupils of the School, viz: Brone Fitz-Gerald, violinist, Sopranos Evelyn Hearn, Marie Hogan and Catherine Kennedy, each one giving superb performances; add to them the Ballad Group 'Irish Ways', led by Derek Manning (all are members of St. Pius X Folk Group) and you will agree it really was a memorable night.

Bridge Clubs held parties and at St. Pius X Club, where special attention is given to the more senior of our citizens who enjoy a game, a great evening was had by one and all - a super supper (supplied by the Committee) and a fabulous array of prizes which were kindly donated by local shops/suppliers at Fortfield Park, Wainsfort Drive, Templeogue Village, Greenlea Road and Cypress Grove. To crown the evening, as it were, a cheque for £1,200 was presented to Father Collieran for the Schools' Fund. Congratulations and thanks to a wonderful Committee.



**THINKING !
THINKING ?**

perhaps there is room
for a **PHOTOGRAPHIC CLUB**
in the area - or perhaps
we have one already that
needs to be revitalised.
Will the photographers
please stand up and be counted.



At the presentation of the Sodasstream Shield following the finals of the Dublin Juvenile Badminton Championships played in Terenure College, were left to right....Father Billie Langan, O.Carm. Chaplain, Terenure College; Paul Cullen, Managing Director, Kisch International, Ltd.; Jane Murphy, U 18 Girls Singles winner; Fr. Eltin Griffin, O.Carm., Terenure College; Dick O'Rafferty, President, Leinster Branch of Badminton Union of Ireland

After Christmas a week-long Badminton Tournament was held in Terenure College, organised by Father Billy Langan, O.Carm., who is Chaplain there. Father is a great organiser. He found a sponsor in Sodastream (the fizzy Drink and Mixers) and had the tournament sanctioned by the Leinster Branch of the Badminton Union of Ireland which means it is included now in their calendar of Championship fixtures. Players from all provinces were invited - under 12 years to under 18 years. More than 600 matches were played over the week - the mind boggles. The major trophy was won by Munster but there is always next year. Mr. Dick O'Rafferty, President Leinster Branch B.U.I. presented the awards. Did you know that "Badminton is the second largest participation sport in Ireland with an astonishing 50,000 affiliated Badminton players in the country." Amazing!!

Next came a most enjoyable and successful Ceili in St. Pius X School Hall. I said in our previous issue that this kind of change in tempo for the young was much needed. Many of them who ignored the fact will be glad it is available, now that Friday night Discos have ceased locally. So note the next Ceilis are Friday, 10th and 24th February at 8 p.m. Admission 50p. You will be surprised at the fun.

Maintaining a spirit of good-will for the New Year, there is now a request for anyone with 1½ hours to spare on Tuesday or Friday mornings - temporarily or permanently - to ring P. Creaton at 506668 after 6pm, for details of help for Meals-on-Wheels. That short period of time is all it takes to make 6/7 old people comfortable and happy.

As we go into print, the Fifth Feile Bhríde is under preparation for the 3rd - 5th February at Our Lady's School and Terenure College - it should be good. Take a walk if it is fine and look in and listen for a while, you will be much surprised at the talent, indeed at what you might learn.

I almost forgot to mention the weather! Gloriously warm, even sunny over Christmastime - on the day itself Spain was never as good with blue skies and sunshine. It all went wallop just after the year began and now that a week-end of snow has passed, the frost and cold has all of us perished! We'll survive, no doubt, so for now - Slán libh.

STEPS TO BETTER THINKING

The difference between brilliant and dull thinking lies not so much in our mental equipment as in how well we use it. By applying the right mental skills, people of average intelligence can at times act like geniuses. Dr. Edward de Bono, Professor of Investigative Medicine at Cambridge, has assembled a set of simple skills for improving thinking.

His system has been adopted by Company Executives, taught in schools and studied by government officials from a score of nations "Genius" de Bono says "lies in solving the problems of everyday life - and everyone can get better at it".

Here are his basic tools.

1. Plus, Minus, Interesting.

The crucial first step in better thinking is to see things without limiting your vision. Try this experiment: look around the room for red objects (don't read on until you have done so) Now close your eyes and ask yourself how many green objects there are. Look again. Surprised? It was your focused attention on red that kept you from noticing things of another colour. Its the same with an idea. When most of us first hear a new idea we react instinctively by liking it or disliking it. Then we use our intelligence to defend that viewpoint. There is an easy way to escape this trap, and deBono illustrates the technique with this example - in a discussion about the design of buses, someone suggested taking out all the seats.

Whats your reaction? Why? Whatever you said, take another look. This time spend three minutes writing down every good point you can make about this idea, every bad point and every point that is neither good nor bad - but interesting. Most people are surprised to find that they generate ten pluses (including some that aren't so obvious, like "Buses would be cheaper and easier to repair", as many minuses and a few interesting (such as "Comfort may not be so important in a bus"). The aim of this technique is to achieve broadmindedness in our thinking, rather than remaining the obedient servant of our own prejudices. It is an attention-expander; it prevents us from seeing only red.

Considering all factors.

This involves a conscious effort to make sure you've thought of everything that might be relevant in making a decision. Suppose you are thinking about buying a new house. Do this test to be sure you ask all the right questions. Obvious issues such as size, cost and layout are bound to come to mind, but without a deliberate effort to list every relevant factor, you might overlook others. How good is T.V. reception? What are the local by-laws? Can the central heating pipes be drained quickly in case of a power failure in freezing weather?

A couple I know were about to buy a house during summer. Then a friend asked how the area would look when the leaves had fallen. It turned out without the leaves they'd have a view of a pile of wrecked cars. Consequences and sequel.

While the first two techniques open up all sorts of possibilities, this one helps us to judge which are the best. One of the traits that makes us different from animals is our ability to imagine the outcome of our

action. But we can improve this ability greatly by learning to use it in a systematic way. The deBono technique is to imagine the probable outcome of a decision at four distances in the future; immediate, short term (1 to 5 years), medium term (5 to 25 years) and long term (more than 25 years).

In his course deBono asks such questions as "What if the world runs out of oil?" or "What if a new electronic robot replaces humans in factories? Imagine the consequences". Students are astonished to see how their predictions of immediate and short term effects lead them on to perceive longer term possibilities. Soon they acquire enough skill to apply the method to decisions in their own life.

Aims, Goals, Objectives.

An often unused tool of better thinking is the practice of making a list of all your reasons for doing a particular thing. Most of us assume we know what our goals are, but often we have hidden or unconsidered goals that get in our way. A man I play tennis with usually loses because he tries to go for deadly shots - which generally wind up in the net. Although he thinks winning his goal, he is led astray by another goal - the desire to impress. The pursuit of one goal is keeping him from reaching the other.

Defining our goals can lead to creative solutions to problems. DeBono tells of a grandmother trying to knit while her wool was being tangled by the toddler of the family. Exasperated, she put him in his playpen, but he howled so loudly that she had to take him out. Then she realised that her goal wasn't to pen the child, but to separate him from her wool. She solved the problem by leaving him out - and climbing into the playpen herself.

First Important Priorities.

This helps you to evaluate and to choose among the many possibilities you thought up by means of the other tools.

Even after using the preceding tools of thought, you may not have found a satisfactory solution to your problem. The key to finding alternatives is to look for possibilities outside your usual thinking patterns.

Learn to "think wild". Let yourself imagine all kinds of possibilities, including those you would ordinarily consider impractical or ridiculous. Permit your mind to float free and to take what it offers. Use good sense and judgment only later to weed out whats impossible. There are many ways to search for creative alternatives. One is to think about the exact opposite of what normally comes to mind. Another is to check your assumptions are correct; maybe you haven't found a good alternative because you have unnecessarily limited your search.

Others Point of View.

Often problems involve a conflict with someone such as spouse, boss or neighbour. You will be better able to find a solution if you try to see the situation from the other person's point of view.

To see how this can help your thinking write down whatever views the other person is likely to have about your disagreement.

Not only are you sure to produce thoughts that surprise you, but you may well see solutions to the problem. As Grandmother used to say

LETTERS TO THE EDITOR

Dear Sir,

I BELIEVE

I agree with most of what 'R.S.' has written in your December "T.T." under the above heading - but I would like to take issue with two points raised:

1. Quote: "unpaid work in the home". It is disappointing that such an intelligent correspondent as 'R.S.' should fall victim to this type of brainwashing which makes some women not only discontented with their role in the home, but has also, in some sad cases driven some to drugs.

I may not receive hard cash for my work in the home - but then neither does my husband for his work in the home. I am seriously considering giving him 10p next time he puts out the dustbin. He can then give me 10p for having filled it in the first place. That way the Government won't have to impose any extra tax on us, or anyone else, in order to employ even more staff for this particular purpose. I might add, when we both committed ourselves to the happy state of matrimony no such nonsense ever entered our heads.

I find myself rewarded on a much higher plane in the home than by mere mercenary remuneration. To me the appreciation of a job well done (such as a nicely cooked meal, for example) can be shown in so many ways far superior to actual payment in cash.

2. Again to quote from the article: "Eventually the children leave home, and if women are not trained for paid work, they will face a crisis when they find they have years of active life ahead of them".

Crises? P'shaw! The relief to have all the time in the world to devote to oneself, AT LAST.

Who am I? Why am I here? Where am I going? Here, attendance at discussion groups, prayer meetings, Bible study, can provide answers. Also -

PLENTY OF TIME NOW -

To improve the mind (you cabbage of the kitchen sink!) - by:

reading, watching T.V. selectively, with a view to same (OR with other views, as the fancy takes one!)

To improve the figure by exercise, such as gardening, whether it be vegetables (which can pay their way) or flowers to gladden the heart - OR by joining keep-fit classes with other "think-a-likes".

To join in activities such as women's clubs, which provide numerous outlets (drama, effective speaking, ballroom dancing, bowling, choir, etc.) for those "years of active life" OR, bridge clubs to improve the memory, and like women's clubs are also very sociable, if one makes a little effort.

To learn crafts and skills which, like gardening, can also be remunerative, even more

Meals On Wheels

Drivers urgently required on Tuesday or Friday morning. For further details ring P. Creaton Tel. 506668 - (after 6 p.m.)

"You can catch more flies with honey than with vinegar". She couldn't have known about deBono's tools; she was just a naturally good thinker.

R.S.

so.

To re-decorate that room and save pounds. To engage in social work, thereby helping someone less fortunate, whether it be in the third world, or right here on one's own door step. OR - even to chat up a lonely neighbour, over a cuppa -

TIME at last for ALL these -

What "crisis"?

M.B.

Dear Editor,

I would like to recommend heartily to your young adult readers (18 - 30 years of age) weekends held in Tabor House, Dublin 6.

Fellas and girls, in a great community atmosphere, can explore issues, values and matters of concern to their own generation.

The next weekend is "Faith Needs Now" February 24th - 26th.

For further information and/or for copies of the Spring/Summer Programme 1984 Please ring Elizabeth at 698335.

Yours faithfully,
ELIZABETH CARROLL

Tabor House, Milltown Park, Dublin 6.

Dear Editor,

My friends and I are aged 16 and 18 and in the past we have relied on St. Mary's R.F.C. for our week-end activities (on Friday night). Now we believe that the disco is to be closed, due to the complaints of neighbours - this we cannot argue about as the crowds tended to be rough at times. However, our point is that when Mary's is closed we will be at a loose-end at the weekends as there are no other weekly discos in this area.

You may say that Terenure and Lakelands also have discos but these are only held rarely now and again and this is not sufficient for those of us (and there are many) who enjoy disco going every weekend. We feel that there will be far more trouble in our area due to the loss of Mary's because, as there will be no place to go at the weekend, the streets will be taken over by the youth.

We have not overlooked the fact that there is a Youth Club and the occasional T.L.T.C. disco, but we have outgrown these places at this stage, therefore, what is left for the Youth of to-day?!

PERUVIAN MISSION - Sister Roberts, R.C.E.

News to hand is a very sincere thank you from Sister to all who helped to make such a worthwhile contribution (£293) to her mission fund last November. She says to her old friends among the parents "I remember you all so vividly and really look forward to meeting you again..... it is so reassuring to know one is supported by prayer and I have often felt this Help in a very tangible way".

Her Christmas was busy and so different from the one here at home - ensuring that prisoners got nice food: visiting patients in hospital: bringing toys for the children. Her greatest joy, perhaps, were the six male prisoners who made their first Confession as a result of the preparations they had made with her good self. Despite the sadness of the plight of those around her and the poverty of many, she is undoubtedly happy in her work and in good health obviously. Our support helps in no small way. M.O'N

TRAMS and TRAMWAYS

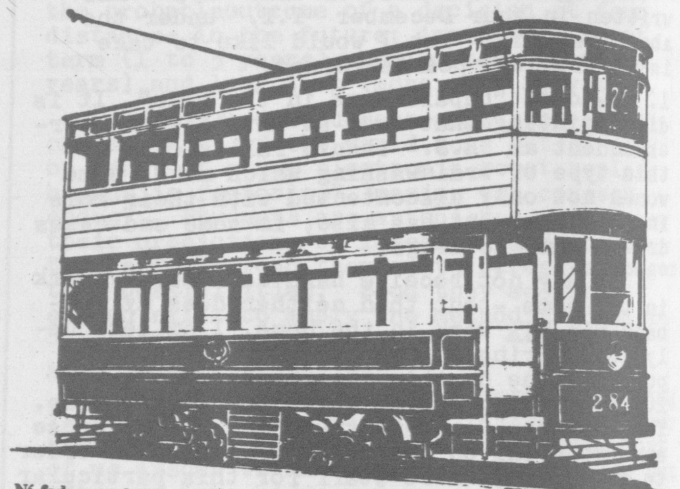
The last time I saw a tram it was in somebody's back garden, serving as a glass house. While trams or the more common trolley car are still to be seen on the continent, here in Ireland they are relegated to the transport museum.

I lived for much of my childhood quite close to a tram terminus and was quite sorry to see them depart in about 1948. Our old wireless set, an Atwater Kent, always gave notice of the arrival of the tram as it crackled loudly, as the driver uncoupled the trolley and moved it to the other end of the tram. Then the rear of the tram became the front and even the backs of the seats could be reversed allowing passengers to face forward.

Horse drawn trams first appeared in Dublin in 1872 and ran between College Green and Rathgar. Then came the electric tram in 1896. While the Dublin United Tramway Company was responsible for the Dublin trams, there were also independent tramways to Blessington and to the Hill of Howth. There were trams to satisfy hardy or the languid. In the former class was the open topped tram. I wonder were our Summers better in those days or if not how the upstairs passengers managed in a sudden shower. Fancy sending smokers to an open-topped bus now-a-days - it would surely help them to kick the habit. At the other extreme we had the luxury trams on the Dalkey line which had eight wheels instead of the more common four and were well upholstered. Most trams were covered in of course and were reasonably comfortable. The most attractive was the carnival tram, which was studded with coloured bulbs all over and created quite a stir on its rare appearances. I wonder did they preserve it in the transport museum.

The tram needed stairs at both ends, as the passengers could only ascend at the back of the tram and this changed on going to and coming from "the Pillar". The driver would stand at a cylindrical box and rotate a handle to increase or decrease speed. There was no need for steering of course, but the driver had to watch out for the many cyclists weaving all over the road.

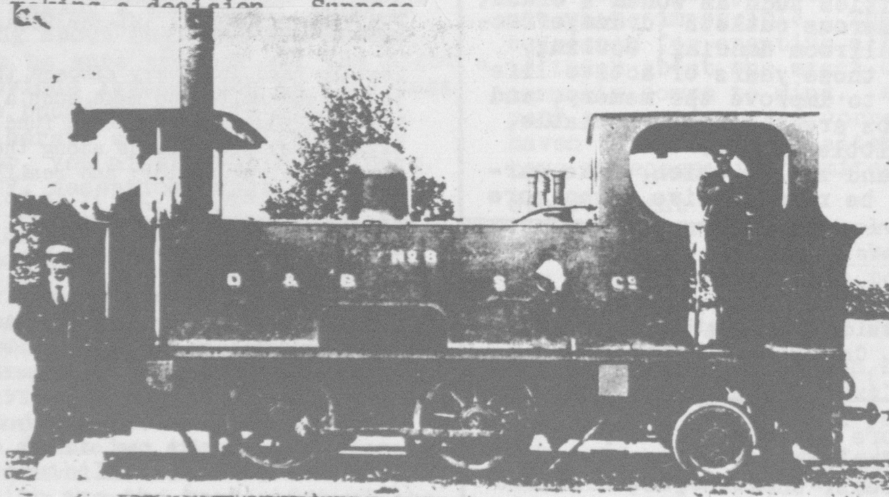
This involves a conscious effort to ensure you've thought of everything that might be relevant to making a decision. Success



Ní fada go mbeidh tram uasal Bhinn Eadair ina beatha arís i gCaislén an Rídir i gCill Dara.

Trams had problems in winter when climbing hills, which was why they kept sand in a box under one of the seats. I was once told by a driver that this was to cover up the blood when they had an accident, but I think he was pulling my leg. It was not uncommon for daring school boys to hide in the sand box when the conductors back was turned to get a free ride and save the fare for bulls-eyes or honey bee toffees.

It is inconceivable that the trams could have hogged the middle of the road to the present day. Trolley cars might have been the answer but our roads were simply not wide enough for the luxury of a tramway. The last Dublin tram made its final journey to Dalkey in 1949 although the tram tracks remained as a reminder and as a danger to cyclist in some parts of the city for many years later. The only souvenir remaining to me of the Tramways are some of the cobble stones which I collected when they raised the tracts outside our house and which now line a path in my back garden.



No. 7 Dublin and Blessington Steam Tramway: Locomotive No. 7 purchased in 1896, withdrawn in 1915.

FRANK
PATTERSON
&
FRIENDS

"IRISH WAYS"
Ballad Group



← MARIE HOGAN Soprano



← L. EVELYN HEARNS
R. CATHERINE KENNEDY

templeogue ladies' club

M.C.K.

We extend our sincere sympathy to Rosa Morris on the death of her husband Michael, and to our Vice-President Mildred Sargent on the death of her daughter Cheryl. May Michael and Cheryl rest in peace.

Well after the festivities of Christmas we came together on January 11 for our usual monthly Club meeting. Joan Hanrahan came to speak to us about Antiques, and she also valued some items brought along by members. While her special interest is jewellery, she was able to place and value everything we brought along. It was extraordinary really. Things which looked good and one would have thought were of some value, she dismissed as a "pretty little Victorian" item or words to that effect. While she waxed enthusiastic over things one was inclined to dismiss. As one who had a hand in the clearing out of houses of elderly relatives, I'm beginning to wonder what treasures I let slip through my fingers!

As regards Club activities, the CHOIR, our DANCERS and FLOWER ARRANGERS are back in action. In the BOWLING, Rosa Morris and Marie Guerins won prizes in a Novelty Competition before Christmas, and both the Tuesday and Friday games are in full swing. The EFFECTIVE SPEAKING group are meeting in their new venue - St. Mary's Room behind St. Pius X Church on Wednesday mornings. The I.F.W.C. Debating Competition will be held in March so the group is girding its loins (so to speak) for the fray. Evelyn Deegan, Ethel Murphy and Nancy O'Connell are welcome newcomers.

When talking about the January Meeting I should have mentioned that our members who entered the I.F.W.C. Craft Competition before Christmas brought along their entries to show us. Nancy O'Connell had a doll and a magnificent, large tapestry for which she won a 1st Prize. Bernie Greene had two lovely crochet suits, one of which got a 1st Prize. Brigid Nolan had a knitted suit with a lovely pleated skirt, while Breege Whitty had what she called her re-cycled rug made from old Aran Sweaters which looked marvelous.

Finally, may I remind you once again about the A.G.M. in March. We do need nominations for our Committee. After the March meeting eleven of us will be going back to the easy life of coming late and leaving early, and just sitting back and letting it all happen. Who then will make the tea and put out the chairs and organise the Summer Outing? It's up to you.

B O N E S

I've been giving some thought to fringe medicine of late as it has come to my notice from several quarters.

Firstly I attended a meeting at U.C.D. where four speakers described their work in acupuncture, hypnosis, chiropractic and osteopathy for those who could not be cured by orthodox medicine. Then I heard that the Ladies Club had a talk on acupuncture and finally I discovered that we had a Spinologist in practice in the area. This reminded me that it was more than six years since I had read Brian Inglis's book on the subject of Fringe Medicine, so I borrowed his more

recent publication entitled "The Book of the Back" from Terenure library and browsed through it.

It was full of interesting statistics about back trouble in the U.S. and U.K. It was rated fourth behind respiratory disorders, influenza and heart trouble in terms of the number of people incapacitated. The average G.P. according to the author, finds back pain a chore and tries to relieve it with painkillers rather than get to the root of the trouble, which may be bad posture or muscular weakness. The book deals mainly with "non-specific" pain which cannot be attributed to congenital disorder, to bone infection such as T.B. or spinal tumours which should be diagnosed and treated by orthodox medicine. It may for example be brought on by lifting a heavy object and treatment may involve manipulation of dislocated bones.

The practice of bone manipulation goes back to the 2nd century A.D. to the Greek Claudius Galenus, who was at one time physician to the Emperor Marcus Aurelius in Rome. But subsequently bone setters came from the artisan class and did not attract physicians. Towards the end of the 18th century however the new medical specialty of orthopedics began to develop for correction of deformities in children such as curvature of the spine. Its practitioners worked with bones and muscles and some of their methods, while very effective seemed devoid of logic.

The father of osteopathy, Andrew Still was born in 1828 in Virginia and served as an army doctor on the Union side during the Civil War. Like Galenus who worked on the gladiators, Still tended the War casualties and recognised the deficiencies of orthodox medicine. The art of chiropractic (curing with hands) appeared some twenty years later and its founder Palmer claimed to have been unaware of osteopathy, however he tended the concentrate on the neck and used more abrupt manipulation.

Perhaps the most notable of bone-setters was Herbert Barker, who was knighted in 1916 for his services to the injured during the 1st World War. He had to face the disapproval of the British General Medical Council and the British Medical Journal, but was successful in curing many conditions which could not be helped by orthodox medicine of the day.

Today the back is the domain of the rheumatologist, orthopedist and neurosurgeon and the major treatment is rest and analgesics (bed and aspirin). As pressure on nerve roots leaving the spinal cord may be responsible for some back pain and for sciatica traction, or gentle stretch of the spine may be applied by a physiotherapist but surgery is used as a last resort.

It is not hard to understand why back pain and joints pains like tennis elbow lie outside the interest if not the competence of the average G.P. To quote a distinguished Professor of Orthopedics from New York, "medical students devote only one percent of their time learning about muscles and bones but suddenly they find themselves in practice faced by patients, about 80% of whom complain of some pain related to the musculoskeletal system." Perhaps this is an exaggeration but back pains and heart conditions are not in the same class when it comes to attention. R.P.K.

TEMPLEOGUE TELEGRAPH

RECEIPTS AND PAYMENTS ACCOUNT (1.9.82 - 31.8.83)

RECEIPTS		PAYMENTS	
12 MONTHS TO 31.8.1982	12 MONTHS TO 31.8.1983	12 MONTHS TO 31.8.1982	12 MONTHS TO 31.8.1983
£	£	£	£
Balances B/F		Nil	
27.53	Cash 40.17		Sub to Horticultural Society 50.00
42.58	Current A/c 105.65	.69	Bank Interest & Fees Nil
153.75	Deposit A/c 103.38	38.97	Postage, Telephone & Stationery 60.39
30.14	Interest Earned 87.09		Letraset (for art work) 6.82
957.00	Advertising Income 1,439.00	9.45	Funeral Wreaths/Flowers/Mass Cards 3.25
2,217.45	Sales Income (Inc. Shop Sales) 2,287.51	16.00	Camera & Films 46.37
		37.80	Reprint Ltd. (8 issues (inc. VAT) 3,293.57
		3,076.34	Balances C/D - Cash 8.02
		40.17	Current A/c 117.52
		105.65	Deposit A/c 476.86
		103.38	
<u>£3,428.45</u>	<u>£4,062.80</u>	<u>£3,428.45</u>	<u>£4,062.80</u>

S. COLCLOUGH (MRS)
Hon. Treasurer

G.P. McCarthy
G.P. McCARTHY, A.C.M.A., F.C.C.A.
Hon. Auditor

COUNCILLOR LAING

At the present time the Council are examining the following Items in our area, as reported by me, and have assured me that corrective action will be taken when manpower and money is available:-

- 1. Replacement of Pegs and Bollards on open spaces at entrance to Wainsfort Drive.
- 2. The examination of uneven entrance in concrete roadway at entrance to Wainsfort Crescent.
- 3. To take corrective action on lighting throughout the area in particular at Templeville Roundabout.
- 4. To have the footpath repaired which is in a dangerous condition adjacent to the New Shops in Templeogue Village.
- 5. To examine the possibility of having "Speed Warning Signs" erected at both ends of Templeogue Village.
- 6. To have grass margin replaced with tarmacadam at the entrance to Ashfield Est. at 94 Cypress Grove Road.

Letter to Councillor S. Laing, dated 20th Dec. 1983, from Jim Mitchell, T.D., Minister for P. & T. :-

Many thanks for your recent representations on behalf of the Shopkeepers and Residents of Templeogue Village who are seeking the provision of a Telephone kiosk.

I will make urgent enquiries on their behalf with a view to having the matter resolved as soon as possible.

However, as you know, operation of the telecommunications services will be taken over by An Bord Telecom Eireann with effect from 1st January 1984 and in the event of it not being possible for me to let you have a final reply by that date, I have arranged that the Board will deal with the matter".



Gay Mitchell T.D.

IS AVAILABLE TO CONSTITUENTS

EVERY FRIDAY

at 7.45 p.m.

at 172 Templeogue Road (Over
Accountant's Office next to
Templeogue Inn

As Templeogue is now in the
Constituency of Dublin South
Central - please feel free to
call



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Phone 903433 Mrs. Traynor, S.R.N.

36 CYPRESS GROVE RD.

ITEMS FOR PUBLICATION AND DIARY

MUST BE SENT BY 15th of MONTH

To: 37 TEMPLEVILLE DRIVE OR
90 TEMPLEVILLE ROAD.

ADVERTISING

To: 141 TEMPLEVILLE DRIVE
OR PHONE: 904509