

# The Knocklyon News



ST. COLMCILLE'S PARISH NEWSLETTER

JULY—AUGUST—SEPTEMBER 1984

*Something New in Knocklyon . . . . .*

## **SATURDAY SEMINAR**

*conducted by TOM CAROLAN*

10 years of community in Knocklyon . . . .

How far have we come?

Where are we going?

Are we happy with the kind of community we have in Knocklyon?

How are we coping with problems we encounter in marriage, family life, religion, employment, vandalism, social life etc?

Where do we see areas of need and neglect in our midst and what can we do to improve matters?

On Saturday, 13th October, an important day long seminar will be held in the Parish Centre under the guidance of Tom Carolan. If you would like to participate in this community building venture, please leave your name and 'phone number at the Presbytery. The number of participants will be limited to thirty — so hurry and get your booking in early. There will be a small optional fee to cover the costs of the seminar.



*The greatest good you can do for another is not just to share your riches, but to reveal to him his own.*

Our bumper June issue of the Knocklyon News elicited a shower of praise and congratulations. (Committee, take a bow!) By common consent it was our best to date. There was so much happening, and people were reporting it.

September is slower. Things are 'creaking' into motion again after the summer. Many of the usual activities are barely off the ground, as groups and organisations move slowly into gear. So, be patient with a somewhat low key September Newsletter.

All of you, out there! Please lend a hand. If you know of anything happening — or already happened — of particular local interest, drop a line to the Editor, or phone 941204/944986.

## **WEEKLY PRAYER MEETING**

Starting on Friday 28th September, a Prayer Meeting will be held in the Parish Centre each Friday at 8 p.m. Whether you are a regular attender at meetings or a first-timer, why not come along and join in the hymn singing, scripture reading and praying. The Holy Spirit has, as always, already accepted the invitation, so you'll be in good company! If you can strum a few chords on the guitar, or any other instrument, feel free to bring it along and join in the music making.

**REMEMBER THE DATE**  
**FRIDAY 28th SEPT. AT 8 P.M.**



*Knocklyon — All Ireland Champions!*  
*(see report page 2)*



## COMMUNITY GAMES

A great year for Knocklyon! All-Ireland Champions in Rugby (u.11), Dublin Champions in Girls' Hockey (u.16) and individual gold for Ann Masterson and Keith Fitzgerald in the Dublin Finals — these are but the pinnacle achievements of a tremendous story of success and — most important of all — participation in sporting activities of all kinds. Congratulations to all the young people who took part and to their organisers, coaches etc.

Look out for reports of team and individual events which will be featured in succeeding issues of the Knocklyon News!

## GIRLS' HOCKEY DUBLIN CHAMPIONS

The Knocklyon Girls' Hockey Team recently won the Dublin Community Games Hockey Final at the Aer Lingus Hockey grounds. After the match the team was presented with the Davis-O'Reilly Trophy and Gold Medals.

It was an exciting game but Knocklyon, with fast attacking play, excellent teamwork and a superb defence, dominated the Final, beating Malahide by 4 goals to nil. The goals were scored by Sheila Hughes, Helen Cusack, Anne-Marie Hughes the Captain and Karen Hanlon.

In this year's tournament, Knocklyon scored 16 goals while only conceding 1: — an excellent performance.

Last year Knocklyon, represented by most of this year's team, were Bronze Medallists and vowed they would come back this year and take Gold.

In the Leinster/All-Ireland Championships, Knocklyon, representing Dublin, were unfortunate to be beaten in the semi-final by Athlone who scored in the second period of extra time.

Knocklyon girls now have their sights set on becoming All-Ireland Champions in 1985.



## BOYS' RUGBY — ALL IRELAND CHAMPIONS

Champions of Dublin, Leinster and Ireland — that is the remarkable achievement of Knocklyon's Young Rugby team.

One of our first matches was against St. Jude's of Orwell (last year's Irish Champions) and this, like so many subsequent matches, went to extra time. In the Dublin final, Monkstown scored from the tip-off. Wave after wave of Knocklyon pressure resulted in a superb try by Diarmuid O'Keeffe and so to extra time. It was our captain, John Sherry who scored the winning try and the Dick Burke Cup was ours!

Victories over Clara and Bray made us Leinster Champions and a never-to-be-forgotten win over the much-fancied (and previous winners) Regional Limerick in a sudden death climax, following two periods of extra time saw us through to the final against Ballinasloe.

Continuous pressure on our Line! The forwards Iain Carroll and Steven Gallaher are dwarfed but play magnificently. Gary Twohig, Ronan Kelly and Nicky McDonagh are everywhere, tackling and driving forward. Another match-saving try from Diarmuid. Brian is over the line but the whistle has gone. The game ends scoreless. More extra time!

Two minutes left! A sudden flurry of activity and John Sherry has scored. Ballinasloe tip off and suddenly our line is threatened. A scrum on our line! Consternation on the touch-line! That familiar tousled head emerged from the scrum, ran the whole length of the field and touched down festooned with the entire Ballinasloe team. The Cup and the Gold Medals were won!

*Ann Masterson.*





**"THE AGONY AND THE ECSTASY"**

**SEPTEMBER WORD-SEARCH**

For Under 10's

Monday mornings are never high on the popularity stakes. Monday 3rd September did absolutely nothing to improve the situation. It was overcast, misty, raining, and the first day of the new school term – definitely nothing to enthuse over.

Also, then, I remembered, it would be the first day at school for many, that morning. Right enough as I made my way to the church, I soon noticed some obvious first timers. There they were, God love 'em, spic and span, fiercely clutching their school bags with the one hand, the other hand still securely held by mum – very anxious, very vulnerable, the first great wrench from that security, about to be made.

Suddenly it dawned on this great dumb brain, that something big was happening – by no means a routine occasion. There was pain for the young one without really understanding why, pain for the mum also, who would understand it all, only too well. Many would have travelled in cars, but it was the ones on foot, bravely trotting after the mother, who brought the scene into vivid relief.

I was not close enough to observe the expressions but it was easy to imagine – the first great step in growing up, in launching forth, into the great not so brave world. Sensing what was involved, my heart went out to them, and you can bet, mine wasn't the only heart moved that morning.

Yes, pain aplenty but then there is no real love without pain, and that is repeated again and again in the experiences of life. Ultimately that is what life is all about – a sharing in the mystery of the Supreme Lover, and that is a winner all the way!

Later I nosed about a bit on the topic and met some 'first day' mums – yes, they had been through it all earlier that morning, a kind of giving birth all over again, the agony and the ecstasy.

One confessed unashamedly, weeping far fathers don't cry of course?, but when I engaged one on the matter, he quietly acknowledged, that he quietly acknowledged, that he too had been on the verge.

With such beautiful feelings abroad, there must be hope aplenty for this old ship, so away with all pessimists – and who's afraid of the big bad Monday morning?

*Patrick Fitz.*

How well do you know the birds that visit your garden?

Name:

Address:

Age:

Answers should be handed into the Presbytery before September 30th.

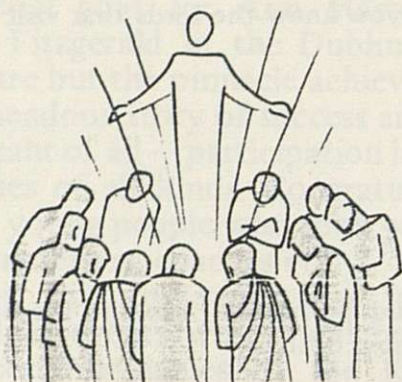
C	A	S	B	L	U	E	T	I	T	B	C	B	A	B
H	S	G	P	A	F	G	E	B	G	D	F	L	C	C
A	H	E	I	A	J	H	K	I	R	L	J	A	M	E
F	T	S	A	R	R	M	Q	P	E	K	O	C	N	B
F	V	U	X	G	W	R	L	Y	E	N	B	K	D	L
I	Z	Q	G	R	U	A	O	S	N	D	U	B	T	A
N	H	H	G	S	F	L	Z	W	F	E	L	I	A	C
C	R	O	W	P	T	O	L	V	I	W	L	R	X	K
H	R	M	I	F	T	A	E	U	N	C	F	D	Y	C
I	O	J	E	J	H	A	R	D	C	H	I	G	F	A
H	O	D	K	M	R	K	B	L	H	T	N	Z	I	P
D	K	L	G	F	U	E	L	D	I	C	C	C	B	J
N	O	O	C	S	S	R	Q	M	R	N	H	S	K	A
A	B	V	N	T	H	O	P	N	N	M	G	L	B	R
P	O	P	E	Q	P	I	G	E	O	N	O	Q	P	A

Number Found:





## HAVE YOU EVER BEEN TO A PRAYER MEETING? .....



As I sit here chewing my pen and wondering what to write, I realise that there are several different replies that could be expected to that question. One person might say "Yes, I go regularly every Saturday night and I find it a great help in coping with daily problems during the week". Another – "I've always been meaning to go to see what they're like but just don't seem to get round to it". Someone else might answer – "I went once and that was enough for me". "I was frightened out of my wits". "There they were waving hands, making these unintelligible sounds, quoting long passages of scripture". "I thought they were all mad, so that finished me with prayer meetings". And yet another might reply "I've never been to one and I've no intention of going – I just know they're not for me".

Well, it's almost ten years now since I went to my first meeting and I certainly didn't fall in love with them the first time. Fortunately, however, I was encouraged by the leader not to judge too hastily that it wasn't my kind of thing but to give myself time to get used to it. Slowly I began to look forward to the meeting and realised that I was finding it easier to pray at Mass and even on my own.

Over the last decade I have been a regular attender at meetings, most of which I have enjoyed and found helpful but there was the odd one that I disliked, perhaps because it was too noisy, or too dead, or too long, or simply because I was out of sorts that night and not open to the Lord's healing touch. I am certain, however, that through them I have been greatly helped to find peace and contentment in my life and have made many great friends.

Here in our parish we will shortly have two prayer meetings each week.

One which takes place each *Wednesday Morning at 10.20* in O'Connells' house, 11 Knocklyon Ave. Creche facilities are available here and we finish around noon with a cup of coffee.

The other one, already mentioned on page 1 of this newsletter, will be on *Friday evenings at 8 p.m.* in the Parish Centre.

And, of course, prayer and sharing of faith and life are important dimensions of the weekly Impact meetings held on Monday at 8 p.m. in the Parish Centre.

All are welcome to all meetings.

## AID FOR PARENTS UNDER STRESS

"Aid for Parents under Stress" is an organisation of trained volunteers who offer an anonymous telephone counselling service and the opportunity to attend a support group, to parents who are having difficulty in coping with their children.

As all parents know, bringing up children can at times be an extremely difficult task, it's also the most important and yet there's no training for the job; we're automatically meant to know the answers and be able to cope with all the stress that being a parent entails. In a way we are conditioned into believing that parenting is an easy job, consequently when we can't cope and our feelings of anger and aggression get the better of us and we take it out on the child, we feel guilty, lack confidence and feel very much alone. This prevents parents from seeking help, and so the pattern of bad parenting can continue into the next generation with the child being a victim of abuse, be it emotional, verbal or physical.

"Aid for Parents under Stress" recognise the difficulties and problems facing parents and it's aim is to encourage them to seek help by telephoning 742066 (01). The volunteers are specially trained to listen and help the caller talk out his/her feelings. Usually once these feelings are shared the parent can recognise the problem and initiate change, i.e. learn to handle their anger and not take it out on the child.

Child abuse can occur anywhere – in poor or affluent homes, in rural or urban areas and can involve one or both parents. The causes are many and varied, e.g. lack of bonding at birth, clash of personalities, preference for one child over another, or the parents knowing no better being themselves victims of child abuse. The cycle of child abuse can be changed when parents realise there is something wrong and have the motivation to approach us and want to change. There is no stigma in seeking help, child abuse can be prevented – that is the aim of "AID FOR PARENTS UNDER STRESS".



## EDITORIAL

There's marvelous therapy in a Summer Vacation. There are great powers of healing in rest and change and sunshine. And probably in that order of priority! For rest does more for us than change; and change, as the proverb assures us, is (about) as good as a rest; whereas sunshine, whilst it contributes enormously to our current enjoyment and feelings of well-being, is more the icing on the cake. The zest with which we resume our "normal" lives is the great yardstick of the success of our holidays; and if this is notably absent, then something is amiss either with our holidays or — more seriously — with our lives.



*Liam Carter and Rosemary Nolan of 15 Knocklyon Park, who were married on 10th August 1984.*

For here, as so often, the world divides more or less sharply into two — between those (God help them) who live for their holidays and those (more fortunate, more blessed, more mature) whose holidays simply contribute to their lives.

Of course, we don't, any of us, resume our routine chores with unmitigated enthusiasm! We are in one way glad to be back in business, but in another still sighing for those lazy, hazy, crazy days of Summer. But, bit by bit, we reacclimatise, and shortly we are thinking "sure we might as well never have had our break at all". Yet, our step is lighter, our mind is clearer and there is a renewed capability — and 'cope'-ability! — about us. So thank God for the holidays.



*Francis Roche of 11 Coolamber Court and Sandra Harvey who were married on Monday, June 4th, 1984.*

*Our "NEW PARISHIONERS" section has been held over till the October issue.*

## Getting to Know You St. Colmcille's Church Choir

It is only 4 years since the choir was formed under the guidance of Brendan Keyes and Fr. Eltin Griffin, yet it seems to have been with us always. 11 o'clock is not the same without it as we realise only too well during the holidays.

The choir is made up of men and women of the Parish — a happy friendly group of people who love to sing and do so for our benefit, both spiritually and aesthetically. Michael Sheedy, the organist, has been the accompanist since those early days.

Aoife O'Tierney, the choir Organiser/Director for the past 3 years, has spent most of her life involved in the world of music. She has sung in Musical Societies and is an active member of the Tallaght Choral Society. Her praise for the Knocklyon Choir is high as she speaks of their loyalty and dedication. Everyone works together in choosing the music for the various ceremonies. Their main commitment is of course, the 11 o'clock Mass on Sundays. Christmas and Easter are very important solemn occasions for their singing and recently the Ordination of Fr. Frank Harris. They have combined with the Junior Choir and the Folk Group at various times including the Open Air Mass during Parish Week and at the Ordination of Fr. Tom Walsh.



*Peter Lucey and Orna O'Mahony, who were married on 14th July, 1984 and are now living at 32, Knocklyon Green.*

Since Summer, too, the Parish has been able to avail of the services of Eoin Garrett of Knocklyon Park who has been assigned the task of getting us all to sing along, which — after all — is the main purpose of the whole exercise!

At present there are about 20 members. Aoife would very much like to increase this number. "We would accomplish so much more" she says.

So — prospective members MEN and WOMEN please note — Choir practice is held at 10 o'clock each Sunday morning in the Parish Centre — (the Pre-Fab next to the Presbytery). If you are fond of music and like to sing — then why not come along? Don't be shy — you will receive a warm welcome and meet new friends with a mutual interest. There is involvement too and a Christmas Party.

Don't THINK about it — just COME ALONG — Remember — 10 a.m. — Parish Centre — SUNDAY.



LASAGNA

REFLECTION

This month five years ago a Pope for the first time came to Ireland. Many of you remember the visit as a week off school, an historic event, a festive time, a great occasion. And so it was!

I was not in Ireland during that time, but followed the Papal visit on the BBC World Service.

Pope John Paul has visited many countries: he calls the world his parish. That in itself is a great example to us, especially now as we are becoming more community and parochial centred. Do you know your parish? The people in your parish? The neighbouring parishes and the greater 'Parish' of Dublin? You should. The Church is missionary; from St. Luke's Gospel we read, "... your duty is to spread the news of the kingdom of God...".

In June this year the Pope visited Switzerland and addressed the youth at Fribourg on the same points as he addressed the youth of Ireland at Galway in 1979:

"To-day Christ calls all of you to a genuine and lasting commitment to a fraternal sharing of the material and spiritual goods of which the world is full. And this starts to-day, in your schools, in your place of work or apprenticeship, in your neighbourhoods, in your villages. This starts to-day with true attention to others and to their needs, with a spirit of service and brotherly help, with a sense of justice, with a readiness to the gift of self. The transformation of the world starts in you and around you to-day." (Pope John Paul at Fribourg, Switzerland).



Two of the ladies who gave a hand in the big pre-school clean up!

1 lb. Lasagna – I tried the pre-cooked variety at the demonstrations and I did not find it very satisfactory. The type you have to boil gives a better product.

- |                              |                           |
|------------------------------|---------------------------|
| 1 lb. mince meat             | 3 tomatoes                |
| 1 large onion                | Vegetable oil for cooking |
| 18 slices of cheese          | 4 oz butter               |
| 2 cloves of garlic           | 4 oz tomato puree         |
| 3 oz Mozzarella (if desired) | Basil or other herbs      |
| 3 oz flour                   | 1 oz sugar for tomatoes   |
| 3 oz margarine               | Seasoning                 |
| 1 pt stock                   |                           |

1. Boil the pasta (lasagna) in plenty of boiling water. Keep stirring all the time to prevent the pieces sticking together. When still a little under-cooked, about 13 minutes, wash well under cold water.
2. Make a bolognaise sauce out of the minced meat, half of the onion, a clove of garlic and the stock. Chop the onion and garlic very finely and cook well with a little oil. Add minced meat and brown well. Add 2 oz tomato puree and then the stock. Melt the 3 oz of margarine in a separate pot and add the 3 oz of flour. Use about half of the mixture, which we call a roux, to thicken the bolognaise sauce. What you must try to achieve is a sauce a little thicker than normal. Season well and allow to cool.
3. Score the top and bottom of the tomatoes with a sharp knife. Place in boiling water for about 30 seconds then plunge into cold water. Separate all the skins and pips from the flesh. Fry off the rest of the onion and clove of garlic. Do not allow to colour. Add the tomato flesh and cook well. A little basil or some other herb may be added. This mixture can be allowed to simmer gently until it thickens naturally but, in the interests of economy, it can be thickened with a little of the roux that was made for the bolognaise sauce. Alternatively, if you want a light tomato mixture, thicken with a little cornflour or arrowroot. Make it fairly thick for the lasagna. Season well and add the 1 oz of sugar. In the food business this mixture is called tomato concasse. Leave to cool.
4. Assemble your sliced cheese, Mozzarella, 4 oz melted butter and some seasoning. Have the pasta cooled, bolognaise and tomato concasse on hand. To make 10 portions, the tinfoil dish that measures about 8" x 8" and about 2" deep in the supermarket suits very well – or any other heat-proof dish will do.
5. Brush the dish with melted butter and line with pasta. Build the rest of the ingredients in the dish like a sandwich. You will have enough pasta to do about 5 layers. So, starting with pasta, go: pasta, tomato, cheese, pasta. Don't forget to season each layer and brush with a little butter for flavour. Sprinkle with Mozzarella cheese on top and brush with butter. Bake in the oven at 180°C for 75 minutes. Cover in the early stages with some greased tinfoil to prevent the cheese from crisping too much.

Paddy the Chef



## NEWS SNIPPETS

### ST. COLMCILLE'S ART CLUB

We have been fortunate this year to get Caroline Bond as the pinciple art teacher. Caroline has taught the students in the Education Dept. of the College of Art and is co-ordinator of the Young Rosc Exhibition.

There will be four other teachers at each sessions in the same way as last year. In addition we will have workshops with visiting artists.

Information about enrolment, times and dates are posted in the Church Porch and in both schools. Numbers are limited and in order to be fair to everyone we must adhere strictly to the correct dates for enrolment.

### 112th Knocklyon Scouts and Cubs Unit Monthly Draw Winners

August

£100	Gannon, 40B, Dargle Wood
£ 50	D. & M. O'Neill
£ 25	Maquire, 59 Delaford Avenue

The International Community for Relief of Starvation and Suffering (I.C.R.O.S.S.) is seeking volunteers to engage in fund-raising activities to assist in their famine relief programmes in Kenya. The severe drought now affecting many parts of Africa has resulted in chronic food shortages and loss of life, especially amongst the under fives and the elderly. Anyone interested in sponsoring, fund-raising or donations please contact Vincent Kenny at 942092.

### LADIES' SOCIAL EVENING

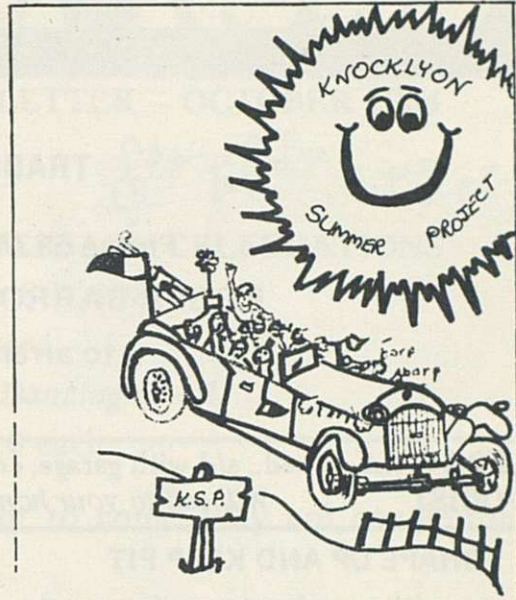
2nd & 4th Thursday of the month in the Parish Centre. A good evening guaranteed with a laugh-a-minute. Join us for Fun Bingo, Make-Up etc. in the Parish Centre, 8.30 p.m.

The Ladies' Committee are organising a work morning to prepare for the Christmas Fair. So if you can spare an hour or maybe two, to help us make the stalls bigger and better, join us on a Thursday morning in the Parish Centre, 10.30 a.m. Creche facilities available.

The Minister for Education, Mrs. Gemma Hussey has produced a pamphlet "Programme of Action for Education" and has invited submissions from interested groups. The Knocklyon Post Primary Committee will be making a submission to the Minister in response, and anyone interested in making a contribution through the committee should contact either the Secretary Ms. Mary Muldoon at 946601 or Chairman Mr. Vincent Kenny, 942092.

### I.C.A. 4th SEPTEMBER

The ICA was back in full swing after the members well deserved summer break. The season started with Mrs. A. McCarthy entertaining the girls with slides and a chat about An Grianan the I.C.A. College in Co. Louth. The evening concluded with the inevitable tea and biscuits and things are now well under way!



### KNOCKLYON SUMMER PROJECT '84

A huge success! Watch out for report in October issue.

A basic dressmaking course to commence for members of the I.C.A. on September 18th. Limited number of vacancies. You are requested to be there at 8 o'clock sharp.

### ROSC COMES TO KNOCKLYON

St. Colmcill's Art Club have invited Caroline Bond, artist and co-ordinator of the Young Rosc Exhibition and Marie Burke of the National Gallery to speak on the theme: "Arts and its relevance to everyday life". The talk will take place at 8.00 p.m. on Tuesday 25th September in the Parish Centre.

### QUESTION BOX

Is it still a sin not to say your morning or night prayers?

Morning and evening are very suitable times to pray. It makes sense to think of God in the morning and ask his help and direction during the day; to thank him in the evening for the good things we have received, to ask forgiveness for our sins, to seek help for those we love and for those in need.

But it doesn't have to be a slavish thing. We are quite free to choose our own times of prayer. Some of us may need the discipline of regularity; you know, we may be the kind of people who will end up not praying at all if we don't have set times and set forms. Others among us can afford to have a freer approach, praying sometimes briefly, sometimes at length; sometimes at one hour, sometimes at another; sometimes in set words, sometimes in our own.

The important thing is that we do pray, and pray often. Sin can only enter in where we deliberately neglect or omit this important feature of Christian living.



**Your local TOYOTA MAIN DEALER**

**MURPHY & GUNN (Tallaght) LTD.,**  
By-Pass Road, Tallaght, Dublin 24.

**SALE, SERVICE, PARTS**

**TRADE-INS WANTED**

Phone 517447 (4 lines) and ask  
**ROGER BARRON** or **JOHN O'CONNELL**  
to arrange a Test Drive.

**HOUSE FOR SALE.** 3 bed., s/d with garage, central heating, telephone, carpets and blinds. Ph: 510256.  
**CHIROPODIST** *Will call to your home!* Phone 942296 (4-6 p.m.) for appointment.

**SHAPE UP AND KEEP FIT**

with exercises to music  
every Thursday evening  
8 p.m. - 9 p.m.

**ST COLMCILLES JUNIOR SCHOOL**

Knocklyon  
(behind Superquinn).  
For further details  
PHONE: 941752

**POSITION REQUIRED**

Parishioner, many years general management, personnel and retail experience, urgently seeks similar or general administrative position. Highly qualified, excellent references.

Confidential phone number available at presbytery.

**Louis O'Donoghue**  
T.Eng.



- \* BEST QUALITY COAL
- \* SLACK
- \* ANTHRACITES
- \* NUGGETS
- \* DELIVERY WITHIN 2 DAYS

Office  
73 Idrone Drive,  
Knocklyon,  
Dublin 16  
Ph: 941633  
Depot  
Convent Lane,  
Grange Road,  
Rathfarnham,  
Dublin 14.

*Finbar and Madeleine Nolan*

of 19 Delaford Park, would like to thank all neighbours and passersby, who tolerated in silence the inconvenience to them and the unsightly mess around their house for the last 16 months.

**TEMPLEOGUE CHILDREN'S NURSERY**

8 a.m. - 6.30 p.m.

6 weeks to 5 years

*Weekly, daily*

**Telephone: 945137**

**SQUASH**

**LEINSTER CRICKET CLUB, RATHMINES**

*Due to recent renovation of courts we have now vacancies for members in the Squash Section.*

Annual Sub. - £80 individual - £120 family

*Coaching for Beginners available from October*

*L.C.C. also offers floodlit tennis, bowling, cricket and table-tennis. Interested?*

*Please contact Lynne Roberts,*

*Tel. 941851*

*any afternoon for information.*

**MERITRON SECURITY**

Specialists in household and commercial  
**ALARM SYSTEMS**

- \* Professional company-member of I.S.I.A.
- \* Unbeatable prices
- \* All work fully guaranteed
- \* Full after sales service/maintenance
- \* All instalments to I.S. 199
- \* All systems to individual requirement
- \* Advice or survey without obligation

**Tel. 884222 or locally 942260**

**NURSERY!**  
**BABY-MINDING SERVICE**

8.30 - 5.30

38 Knockaire,  
Knocklyon Road  
Phone: 943512